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Edmonton metro

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'These acts undermine confidence'

GOVERNMENT

Three Alberta managers face discipline for contract awards

Alberta's municipal affairs minister says three senior government managers who interfered in the awarding of contracts are facing disciplinary action.

But Deron Bilous wouldn't say Thursday if the three have been fired.

"Disciplinary action is taking place. I'm unable to provide specifics on that," Bilous said. "We do take this very, very seriously."

Bilous also refused to say if the matter warrants bringing in police to conduct an investigation.

The province's public interest

commissioner received several allegations late last year that staff in two departments ensured eight preferred individuals were top candidates for contracts.

"We were able to confirm the frequency, duration and nature of the manipulations were a clear departure from the approved process and objective of open procurement," Peter Hourihan said in a release.

"These acts undermine confidence and trust in government generally, and in procurement specifically."

The contracts had potential or real values exceeding \$100,000 each.

Hourihan said none of the employees acted out of personal gain. He said they were attempting to simplify hiring and ensure their preferred candidates were successful.

THE CANADIAN PRESS

HILARY MCDONALD/FOR METRO



OFF THE BUS

Judge wants AGLC to have the power to pull over party vehicles

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HISTORY

The rise of MMA in Canada

In 2013, federal legislation decriminalized professional MMA in Canada with the passage of Bill S-209.

Professional fighting organizations, including the UFC, applauded the rule change for revamping the section on prize-fighting found in the Criminal Code.

The UFC has held 19 events in Canada and only one in Alberta. UFC 149 was held in Calgary, at the Saddledome, in 2012.

Edmonton has seen some big promotions — but nothing as big as either the UFC or ONE Championship.

Although ONE has yet to host an event on Canadian soil, Victor Cui said it eventually will, and when it does, “the first stop has got to be Edmonton.”

“We are so busy expanding in Asia, it is quite difficult, but it’s something I have thought about,” Cui said, adding that he’s been closely following the construction of Rogers Place and would love to host his homecoming in that world-class venue.

BRAEDEN JONES/METRO



Two fighters face off during a ONE weigh-in. GETTY IMAGES



Victor Cui says he remembers his hometown fondly. Both of his young children love the city, and if his MMA promotion ever holds an event in Canada, the first show will be there. GETTY IMAGES

Edmonton son big in Asia

MIXED MARTIAL ARTS

ONE's CEO is a leading figure on the sport's global scene



Braeden Jones
Metro | Edmonton

Edmonton's Victor Cui is taking professional mixed martial arts from mainstream obscurity to the largest sports media property in Asia.

Aided by an unprecedented 10-year deal with Fox Sports Asia, the CEO of ONE, an MMA company he founded in 2011,

is broadcasting his fights to more than a billion homes in 75 countries worldwide.

Cui, less known perhaps in Edmonton than in Singapore, where his company's based, said ONE is on its way to a billion-dollar valuation and IPO within the next few years.

He said his secret is recognizing the mirroring between North American and Asian businesses and taking the UFC model to the home of MMA.

“Apple and Samsung, Ford and Kia, YouTube and Youku ... the world is filled with these examples, and that’s what you get with ONE dominating Asia,” he said via telephone.

ONE is not as big as the U.S.-based UFC — but it’s huge in

Asia.

With blue-chip partners including Disney, Facebook, Casio, Canon, Haier and LG, ONE also has some of the world’s largest corporations behind it.

But part of what Cui is most proud of is how he’s taken world-class MMA events to corners of the world no major promotions have touched.

He explained that Asia has “been the home of martial arts for 5,000 years” and the culture is engrained with combat sports.

What he did was capitalize

on the cultural saturation by professionalizing it.

“Every city we go to, we are bringing the excitement of Las Vegas.... People dress up in suits and gowns, every celebrity, DJ, movie actor — everyone wants to be at that fight night,” he said.

ONE has held events at the biggest venues in Jakarta, Manila, Kuala Lumpur, Dubai, Taipei, Phnom Penh, Beijing, Yangon and recently Myanmar.

“We were the first international sporting event to be invited into (Myanmar),” Cui

said. “Every single business in the world is trying to get in there.”

ONE cards are the biggest sporting events to arrive in most cities that play host to the MMA spectacle. When ONE first arrived in Cambodia, it was the front-page story for all five national newspapers.

He said he owes his business acumen and ability to transcend borders to having grown up in Edmonton.

“All the way from my childhood to university, I had the privilege of being around a lot of different people all of the time, and that informed my perspective on how to build relationships and do business,” he said.

75

ONE has held events in 75 countries around the world.

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Ashley Edward Fair was left on a desolate highway by a party bus company, and died. The owner of this bus says that wouldn't happen with his company. HILARY MCDONALD/FOR METRO

Judge wants changes to party bus industry

REGULATION

Intoxicated man's death spurs call for regulations



Ryan Tumilty
Metro | Edmonton

The death of a heavily intoxicated Sherwood Park man, who party bus operators left by the side of a dark highway, has a provincial court judge calling for tougher rules for the industry.

Ashley Edward Fair, then 23, was killed in 2011, after he ran across Highway 16, near Elk Island National Park and was run over by a semi trailer.

Staff of P.T. Limos, the operators of the party bus, left Fair at the entrance to the park when he was heavily intoxicated.

His blood alcohol level was

more than three times the legal limit when he died.

Judge S.E. Richardson found a shocking string of problems with the way party buses are regulated. Including that the AGLC doesn't even have the ability to check on liquor licenses for vehicles, because while inspectors can walk into any bar, they can't stop a vehicle.

P.T. Limos staff running the bus, did not have ProServe training, which is mandatory for people to serve alcohol. Aside from the driver, there was only one staff member and he was drinking.

The bus also didn't have a manifest that might have let the driver know he had left Fair behind.

Morgan Muring, the owner of Baseline Limousines, said all of his staff are ProServe trained and nothing gets out of control.

"If you start renting to (young people) for club runs and things like that you are going to have problems," he said.

+ JUDGE'S RECOMMENDATIONS

- 1) AGLC inspectors should be able to stop vehicles on the road to check if they're complying with recommendations
- 2) Licence holders should be required to report and breaches of their license in a timely manner
- 3) All staff working on a party bus or limousine should have ProServe training
- 4) A standard staff to patron ratio on board buses

- 5) All companies should have a written policy for keeping passengers safe and an emergency contact for all patrons on board.
- 6) Licence holders should not be allowed to remove a passenger without waiting for the arrival of emergency responders or family to pick up the passenger.
- 7) All vehicles should have a cellphone or other way to call for assistance.

He said a lot of the party buses, packed with young people, are run by small operators with little staff or overhead.

Rob Pape, a compliance manager with the AGLC, said in this case they didn't even know about the incident until the inquiry took place and the limousine company's licence had been cancelled.

He said right now the AGLC conducts operations to ensure limousines and party buses are living up to the conditions of their license.

"We will actually rent a limo and our inspectors will actually go."

Pape said the AGLC was reviewing the recommendations and would consider implementing them.



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CRIME

Four Albertans charged in odometer fraud



Lucie Edwardson
Metro | Calgary

Four people have been charged with rolling back the odometers of cars they sold on Kijiji and similar sites, Calgary police said on Thursday. Police said they began their investigation in April. The fraudsters have allegedly perpetrated similar crimes in Edmonton.

15

Number of confirmed victims in this case. Police are asking anyone else who thinks they might have been a victim of odometer rollback fraud to contact them at 403-266-1234.

50-70%

Percentage the accused rolled back on the odometers of the cars they were selling. Curtailing odometers isn't a crime, but misrepresenting the km or condition is.

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Vehicles were often purchased on Kijiji or similar sites and sold for up to \$3,000 more than they were worth. Police said they often needed thousands of dollars of repairs.

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The latest form of stereotactic radiotherapy uses about 200 small beams of radiation to treat brain tumours, malformations and even Parkinson's disease. GETTY IMAGES

'Miraculous' procedure to soon hit city

HEALTH

Gamma knife surgery changes future of brain treatments



Tim Querengesser
Metro | Edmonton

Brad Freman was diagnosed with blood clots in his brain in 2011.

He was having seizures and doctors said he had a choice: leave the clots and hope they didn't bleed or the seizures didn't worsen. Or, he could have surgery.

In the past, brain surgery for Freman's condition would have been risky and difficult. Plus, Freman's recovery would have taken months.

But a procedure called gamma knife radiosurgery — a facility for which the University of Alberta Hospital broke ground Thursday — could mean hundreds of others in Alberta will, as Freman did, be able to live a better life after a

scary diagnosis without a huge tradeoff.

Freman said he elected for the surgery — which is painless, requires no anaesthesia and doesn't create an incision — without worry.

"With gamma knife being the alternative, it was like, why wouldn't you?" he said Thursday, at a media event to announce the new centre that will house the technology. "We were gone for a weekend."

Gamma knives focus about 200 small beams of radiation on a target. They are used to treat brain tumours, malformations and even Parkinson's disease.

Most patients are able to leave the hospital on the same day.

Dr. Keith Aronyk, director of neurosurgery at the hospital, described the procedure as "almost miraculous."

Freman tends to agree. "So much of life changes, or could change, once you find out you have something in your head," he said. "This allows us to be, 'There's something in there, we need to get rid of it, but it's only going to take a day.'" WITH FILES FROM ANDREA ROSS



So much of life changes, or could change, once you find out you have something in your head.

Brad Freman



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Candidates discuss childcare

Ryan Tumilty talks about national daycare and running for office in **Edmonton–Wetaskiwin**



Tom Mulcair is promising a national \$15-a-day daycare program if elected. THE CANADIAN PRESS

The overflowing schools in Edmonton–Wetaskiwin, running south of Ellerslie Road, west of Highway 2 and south of the Anthony Henday on the east, show just how many young families have moved to the area.

Many of those families are struggling with the high cost of childcare — a problem all the major parties are promising to resolve.

Conservative Mike Lake said his party's approach of offering tax credits and regular cheques to parents is the best approach because it allows families to make their own choices.

"The thing that resonates with people is that everyone benefits from that approach, every family is better off," he said. "You want families to be able to choose the best option for their family and that is what we have done."

Liberal candidate Jacqueline Biollo said her party would provide more support for families

and look to revive daycare plans the party made with provinces before losing power.

"The Liberal Party has really looked at the affordability for all Canadians and the middle class specifically, and fairness for all and so we are going to be asking those who can pay more to pay more."

But the NDP candidate, Fritz Bitz, said her party's plan to offer \$15-per-day daycare nationwide is ideal.

"The families who are living in the working class and the poor families, are the ones it's going to impact the most."

She said not having daycare hurts the economy as well,

because people can't afford to return to the workforce.

"When I had my three children I couldn't afford to go back to work because of the childcare costs."



+ METRO ASKS THE CONTENDERS THE BASICS

Jacqueline Biollo – Liberal



Why are you running?

I have a passion for not only the community I live in and hope to represent as the next Member of Parliament, but also a passion for being Canadian.

What is this election about?

It's about real change; it's as simple as that. I think that people are looking for new direction, new leadership. They are looking for a voice. They're looking for a listening ear that's accessible.

How would you fix federal politics?

Depending on what you identify the problem as being, it's about democracy and transparency of messages, and evaluation of the deliverable and gaining the confidence or regaining the confidence of Canadians. You fix that through being open and available to them and considering evidence-based information.

Fritz Bitz – New Democrat



Why are you running?

I'm running because I'm concerned about what is happening to our country. I'm concerned about basically the state of our democracy. What got me moving and prepared to put my name was actually Bill C-51.

What is this election about?

This election is about democracy and who we are as Canadians. This election is about whether we think we need a government that's prepared to do whatever it takes, or take away whatever it takes for a false sense of security. This election is about what is happening in the Senate and the lack of accountability.

How would you fix federal politics?

No. 1, I think the policy the NDP has adopted and is the only party that actually has the guts to stand up and say "We will walk our talk," is to change the financing of the political system so we only function under independent individual donations. So, we have politicians who are accountable to people in their constituency.

Mike Lake – Conservative



Why are you running?

I love what I do. I have been a member of Parliament now for 10 years in Edmonton Mill Woods–Beaumont. I love people and I love to try and help people to make the most of their lives.

What is this election about?

It's about economic leadership, leadership on the world stage. It's about who best represents the things that matter to Canadians and who's going to be able to best navigate a complicated global environment.

How would you fix federal politics?

The vast majority of people who get involved in politics get involved because they want to make a difference for people. We all recognize that the system can get better and I think we all need to strive to do our part.



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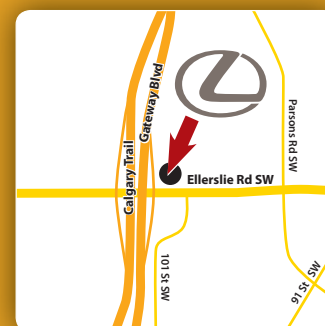
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Canada



Flowers and a card sit on top of mailboxes in the lobby of the apartment building where Nadine Skow was killed earlier this week. HILARY MCDONALD/FOR METRO

Slain woman remembered

CENTRAL MCDUGALL

Estranged boyfriend charged in stabbing death



Andrea Ross
Metro | Edmonton

Nadine Skow's room-filling laugh and cheerful smile linger in the minds of her family devastated by her grisly murder.

"She was a wonderful daughter," said her mother, Helen Skow, through tears Thursday. "Just a wonderful, wonderful person."

Skow, 38, was stabbed to death in her Central McDoug-

all apartment during a violent fight late Sunday night or Monday morning. Her estranged boyfriend, 38-year-old Silva Koshwal, is charged with second-degree murder and indignity to a human body.

Skow had recently bought a condo and was supposed to move into it on Wednesday, her uncle, Dale Hankins, said.

She said she loved hiking and camping, and would often

visit him on Vancouver Island. Hankins said she had roots in Lethbridge, but had been living in Edmonton for a while.

Describing her as a very career oriented woman, Hankins said she loved children, but had none of her own.

She was excited about her future, he added, and loved her job.

Hankins said he met her ex-boyfriend three years ago when he came for dinner on New Year's Eve.

As her parents and younger brother make funeral plans, he said the family is struggling to come to terms with her loss.

"Her laugh filled the room. Her cheerfulness and friendliness ... she was always fun," he said.

"It's devastating. She didn't deserve this."

“Her laugh filled the room. Her cheerfulness and friendliness ... she was always fun.”

Uncle Dale Hankins

NUTRITION

Group lobbies government for healthy eating in schools

A coalition of health organizations is lobbying the Alberta government to create a "universal school food strategy," which NDP candidates promised on the election trail.

Kayla Atkey of the Alberta Policy Coalition for Chronic Disease Prevention (ACCP) said she understands the government is "engaging in ongoing conversations around school nutrition programs" in the coming year.

She's pushing for it to hap-

pen as soon as possible.

"We are providing our vision for what a healthy food school environment and a meal and snack program could look like," she said.

The ACCP sent a survey to Alberta principals last year and learned that of schools with lunch programs in place, approximately 50 per cent do not have long-term sustainable funding available.

Atkey said the survey speaks to the need for a universal,

consistent provincial model.

ACCP member and registered dietician Karen Boyd said a universal strategy could "mean different things to different schools... it would really depend upon the individual school needs."

What is consistent, she said, is a growing body of evidence that the better nourished students are, the better their concentration and academic success.

BRAEDEN JONES/METRO

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INTERVIEW

Nuit Blanche to bring steamrollers, elves

Show up to Churchill Square Friday after work wearing red to set a world record, and spread word of the festival coming Sept. 26. It's all part of Nuit Blanche. I caught up with one of the organizers find out more.

Douglas Dollars: This ambitious start seems like just the sort of thing Edmontonians would do to kick off a festival. What are some

highlights people can look forward to in Nuit Blanche?

Jaime Calayo, festival committee member: For Nuit Blanche Edmonton's first year we've managed to attract a great collection of artists locally and internationally.

From Toronto, the artist collective VSVSVS (pronounced versus versus versus) will be exhibiting their piece

called "Make It Flat" which incorporates a mini hockey rink wherein a steamroller will be smushing various things all night long.

Ali Nickerson from Edmonton will be showcasing her piece "Blue Christmas" where a towering green-and-red polka-dot wrapped present on Rice Howard Way is the workshop to a few of Santa's dysfunctional elves.

Lastly, New York's Yoko

Ono will also be a part of this year's Nuit Blanche as she will be showcasing her Wishtree installation. The installation involves 120 trees that will be placed throughout Churchill Square in which Edmontonians will be asked to tie wishes to. Afterwards, they will be collected and sent to the Imagine Peace tower in Iceland where they'll join a million other wishes.

DOUGLAS DOLLARS/FOR METRO

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Symphony Under the Sky at Hawrelak Park is a gorgeous, warm way to spend the remaining summer nights in Edmonton. CONTRIBUTED

Sending off the summer in style ...

EVENTS

The city's most interesting person shares weekend picks



HOW TO DOUGLAS

Douglas Dollars

We now take a small breather from the main "Festival City" season and get back to enjoying everyday fare like community engagement, setting world records, neighbourhood circuses and the 1812 Overture.

FRIDAY

#RebootWhyte begins its ride/walk/skate from Corbett Hall at 8205 114 Street, 5:30 p.m., to highlight the unsafe infrastructure along the Whyte Avenue corridor. Numbers were released recently that showed more than 200 deaths or life-changing injuries reported along Whyte in the last 10 years.

Head to Churchill Square between 5:30 p.m. and 7 p.m. to take part in the **Nuit Blanche** Map Marker "dronie." Nuit Blanche is an international art festival happening in Edmonton for the first time, in September. Showing up to this event wearing red can help create the world's biggest map marker made out

of people.

When done at the Map Marker, Oliver Park at 103 Avenue and 119 Street is home to the first-ever **YEGOLI! Pop-Up Picnic Spectacle**, featuring professional artists from different disciplines including music, circus, theatre, comedy and more.

SATURDAY

I've never seen the film or read E. B. White's book **Charlotte's Web**, but it's playing at the Metro Cinema at 2 p.m., and it's the kind of thing kids of all ages can enjoy. Admission is free for anyone aged 12 and under, and a theatre is a better experience for any film than an iPad.

SUNDAY

A jewel in our summer festival crown, **Symphony Under the Sky**, presents its final show for the year, 7 p.m., at the Hawrelak Park Heritage Amphitheatre. Let's send our warm summer nights off with some style, with music from Broadway, movies, and a performance of Tchaikovsky's powerful 1812 Overture.

How to Douglas is a weekly entertainment column and popular email list by Douglas Dollars. To see the full listing, go to metronews.ca or sign up for the list.

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Bluish orange, orangeish red?

ELECTION 2015

Grits vow to spend billions as NDP pledge balanced books

Justin Trudeau is out to build some campaign momentum with a big-ticket, multibillion-dollar infrastructure plan — and Stephen Harper is wasting no time in trying to tear him down.

Trudeau's campaign event Thursday in Oakville, Ont., complete with a crane and supporters wearing red hard hats, was framed as a major plank in the Liberal platform — one aimed at both stimulating a faltering economy and shoring up the country's crumbling roads, bridges and public facilities.

He billed it as a necessary investment in future generations, one that would require a Liberal government to run modest, short-term deficits until 2019 in order to kick-start the economy.

That willingness to leave the budget out of balance has separated Trudeau from Harper and, in a surprising role reversal, NDP



Liberal Leader Justin Trudeau introduced his party's infrastructure plan, a key plank in their platform, in Oakville, Ont., Thursday. PAUL CHIASSON/THE CANADIAN PRESS

Leader Tom Mulcair, who both say they would bring in balanced budgets immediately.

It's all made for a dizzying U-turn on the Canadian political spectrum: the Liberals openly acknowledging a plan to spend billions and run deficits, and the NDP insisting they have found religion when it comes to the



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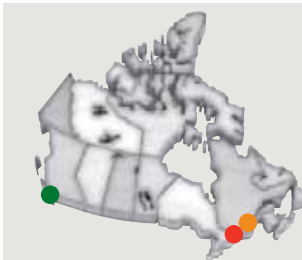
Justin Trudeau

merits of balanced books.

"I will be open and transparent and tell the truth about our plans and I certainly hope Mr. Harper and Mr. Mulcair will begin to be open and transparent about their plans," Trudeau said.

While doubling current federal infrastructure funding, any shortfalls in the federal treasury

WHERE THE LEADERS ARE FRIDAY



● **Justin Trudeau** is to attend an event in Montreal.

● **Tom Mulcair** will also be in Montreal.

● **Elizabeth May** will be in Courtenay, B.C.

Stephen Harper has no public events scheduled.

over the next two years would be capped at \$10 billion per year, he added.

The prospect of a deficit-friendly Liberal government was a sledgehammer Harper needed no invitation to pick up and swing.

"Mr. Trudeau has made tens of billions of dollars of spending promises ... he has no idea what he's talking about when it comes to these things," the Conservative leader said.

"That's why you could be sure that his small deficits will become large deficits and would get Canada into the same pickle of high taxes and program cuts

that we had under the last Liberal government."

The Conservative government's own infrastructure program was three times higher than that of its Liberal predecessor, he added.

Mulcair was campaigning in Toronto with former Saskatchewan finance minister Andrew Thomson.

The New Democrats are touting Thomson's record of balancing his province's budget in 2006 and 2007 after Mulcair said unequivocally this week that an NDP government would balance its first budget.

THE CANADIAN PRESS



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DUFFY TRIAL

Emails suggest PMO's interest in audit

Testimony and emails from the trial of Sen. Mike Duffy suggest the Prime Minister's Office was invested in the outcome of a Deloitte report into his housing expenses, with the auditing firm still facing questions about the integrity of its investigation.

Deloitte was the forensic accounting firm the Senate hired in 2013 to comb through the expenses that Duffy, Sen. Patrick Brazeau and Mac Harb, who has since resigned from the Senate, claimed for their so-called secondary residences within 100 kilometres of Parliament Hill.

Their findings formed the basis of three separate reports tabled by the Senate standing committee on internal economy, budgets and administration on May 9, 2013, which were nearly identical but for key language admonishing Brazeau and Harb that was missing from the report on Duffy, which also noted he had already repaid \$90,172 in housing claims.

It was later revealed that money came from Nigel Wright, who was then chief of staff to Prime Minister Stephen Harper. Documents filed in court by the RCMP in relation to their investigation into Duffy suggest Conservative senators on the subcommittee in charge of

the report on Duffy had, at the behest of the PMO, made sure it would go easy on him.

Emails released through the court indicate that was actually the back-up plan, after earlier attempts by the PMO to ensure repayment by Duffy would render the Deloitte investigation moot did not pan out.

Those attempts involved having Conservative Sen. Irving Gerstein reach out to contacts at Deloitte, according to key emails entered into evidence in court.

Testifying in court earlier this month, Wright denied leading efforts to influence the Deloitte investigation. He agreed that would have been "highly improper," but Chris Woodcock, who was PMO director of issues management at the time, told the court Tuesday he was "uncomfortable" with the attempts to get Deloitte onside.

RCMP documents released by the Ottawa courthouse in November 2013 revealed the Deloitte contact to be Michael Runia, the Toronto-based managing partner at the firm, who Gerstein knew because of his role as chair of Conservative Fund of Canada, also audited by Deloitte.

TORSTAR NEWS SERVICE

HEALTH

Majority of Canadians now support doctor-assisted suicide: Poll

A large and growing majority of Canadians support physician assisted death, a new poll has found, even as many of the country's doctors report they would refuse to end a patient's life.

According to a Forum poll released Friday, 77 per cent of the population believes in doctor-assisted suicide for people who are terminally ill, up 10 per cent from a similar poll the firm conducted just four years ago. The survey of 1,440 voters found support was strong across all age groups and political affiliations.

Linda Jarrett, an assisted-dying advocate who has been living with multiple sclerosis for 17 years, said she was encouraged by the findings.

"It is important to me that polls are showing more and more people in agreement," the 67-year-old said from her hospital bed in Kitchener, Ont., where she is recovering from surgery to repair a broken hip.

"C'est ma vie, c'est mon choix," said the former elementary French teacher. "It's my life, it should be my choice." TORSTAR NEWS SERVICE



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Canadian journalist braces for verdict

TERROR CHARGES

Arrested in 2013 while working for Al Jazeera

Mohamed Fahmy hopes this weekend will mark an end to his drawn-out legal nightmare.

A Cairo court is expected — once again — to deliver a verdict Saturday for the Canadian journalist on trial for widely denounced terror charges and Fahmy is cautiously optimistic.

"We feel like this is the finale," he told The Canadian Press. "We have suffered immensely for the past 20 months, financially, emotionally, physically, we just want this nightmare to be over."

Fahmy and two of his colleagues were working for satellite news broadcaster Al Jazeera English when they were arrested at the end of 2013. They were accused by the Egyptian government of supporting a rival political organization and undermining national security through their media coverage.

The trio spent more than a year in prison before an appeal of their convictions resulted in a second trial, although one of them, Australian Peter Greste, was abruptly deported.

Fahmy and his other colleague, Egyptian Baher Mohamed, were granted bail after the start of their retrial, which is set to culminate in a final ruling this weekend.

Fahmy's verdict has already been postponed twice this summer after the judge presiding over his case was reportedly taken ill. This time,



Canadian Al-Jazeera English journalist Mohamed Fahmy surrounded by policemen during his retrial in Cairo, Egypt, in February. Fahmy hopes this weekend will mark an end to his drawn-out legal nightmare.

AMR NABIL/THE CANADIAN PRESS/THE ASSOCIATED PRESS

however, Fahmy's lawyers and others close to the case have indicated a ruling is highly likely, he said.

There are a number of possible outcomes, including an acquittal, credit for the 14 months Fahmy already spent in prison, a suspended sentence or even a return back to a cell.

If he is sent back behind bars, his high-profile lawyer Amal Clooney, who will be in court with him, will immediately push for a presidential pardon and for Fahmy to

leave the country under a law that allows for the deportation of foreigners convicted of crimes, he said.

"My worst nightmare is going back to that prison cell and having to go through this whole tormenting emotional process again," he said.

Since his last court date, at the beginning of August, Fahmy has been busy advocating for the release of other imprisoned journalists and appearing on Egyptian talk shows to discuss his own case.

THE CANADIAN PRESS

QUEBEC

Officials investigate as disease claims two lives

The provincial Health Department is investigating an outbreak of legionnaires' disease that has claimed two lives.

There have been 16 other confirmed cases since Aug. 20., all in the town of Berthierville, about 80 kilometres northeast of Montreal.

Legionnaires' disease is contracted by breathing in small droplets of water contaminated with bacteria.

The deadly bacteria grow in

the stagnant water of cooling systems and spread in droplets through air conditioning.

Authorities believe the source of the outbreak was in the cooling system in the town's arena. The system was shut down as of Aug. 22, but because the incubation period is 10 days, authorities believe new cases may continue until early September.

Symptoms include coughs, fever, chills and respiratory

problems.

Most people have little to no risk of catching the disease, which is not contagious and cannot be transmitted from one person to another. The elderly, however, are more vulnerable to an outbreak, as are heavy smokers and people with weak immune systems.

An outbreak of legionnaires' disease claimed 14 lives in Quebec City in 2012.

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TV station mourns its dead

ROANOKE, VIRGINIA

Murdered staff remembered in morning broadcast

The colleagues of two journalists shot to death on live television returned to their morning show Thursday with memories, tears and a determination to carry on.

WDBJ-TV's Mornin' show opened with images of reporter Alison Parker and cameraman Adam Ward, with the words "In Memory."

"We come to you with heavy hearts. Two of our own were shot during a live shot yesterday morning," said Kim McBroom, the anchor whose open-mouthed shock was seen around the world Wednesday after Ward's camera recorded the fatal attack by a disgruntled former colleague.

Perhaps the most poignant segment came when McBroom, weatherman Leo Hirsbrunner and an anchor from a sister station who came to help out joined hands for a moment of silence at 6:45 a.m., 24 hours after the shots rang out.



A television photographer films video of a memorial for reporter Alison Parker and cameraman Adam Ward, as well as get-well wishes for wounded Vicki Gardner, Thursday.

STEVE HELBER/THE ASSOCIATED PRESS

"We are approaching a moment that none of us will ever forget," McBroom said, her voice faltering as the show went silent.

On-camera, the team mostly kept its composure throughout the broadcast. Off-camera, their struggle was more visible. Hirs-

brunner dabbed his eyes, tried to wave away tears and bent down at one point, hands on his knees, to gather himself during

"I don't know how to do the weather on a day like this."

Leo Hirsbrunner

a commercial.

"It's not easy," McBroom said during another break, after her voice broke while reading a statement from Parker's family.

Members of the team supported each other throughout.

"I don't know how to do the weather on a day like this," Hirsbrunner said.

"Good job, partner," McBroom told him. "We're going to get through this together."

The husband of Vicki Gardner, who was wounded by the gunman as Parker and Ward interviewed her for a tourism story, showed up to tell viewers that she was recovering.

And Parker's boyfriend, WDBJ anchor Chris Hurst, appeared for a short interview.

"Alison, what great things she could have done," Hurst said, telling viewers he needs some time away from his night-time anchor role. THE ASSOCIATED PRESS

ENDANGERED SPECIES

African penguins on brink

They're cute, knee-high, they bray like donkeys and are a tourist attraction near Cape Town. But African Penguins — the continent's only species of the flightless bird — are at risk of extinction.

As shoals of anchovies and sardines have migrated south into cooler waters, the population of African Penguins that feeds on the fish has plummeted by 90 per cent since 2004 along South Africa's west coast, once the stronghold of Africa's only penguin species.

This decline, recorded by South Africa's Department of Environmental Affairs, led to four key fishing grounds being declared off limits seven years ago in an experiment to see if the measure could help save the penguins. But scientists are still debating whether fishing has helped push the species to the brink of extinction.

If effective management of the situation is not carried out, the black-and-white seabirds could soon disappear, experts say. THE ASSOCIATED PRESS

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DOMINICA

Tropical storm kills four

Tropical Storm Erika pounded the eastern Caribbean island of Dominica on Thursday, unleashing flooding and mudslides that killed at least four people and knocked out power and water supplies.

The storm, which was forecast to reach Florida as a hurricane by Monday, dumped 23 centimetres of rain on Dominica late Wednesday, followed by another 15 centimetres early Thursday, according to the weather service in the nearby island of Antigua.

Police Superintendent Daniel Carbon said three of the deaths occurred during a mudslide in the southeast of the island.

A fourth death occurred in the capital of Roseau. The victim was found near his home following a mudslide, Carbon said.

Even though the eye had passed, heavy wind and rain were still buffeting the island.

About 80 per cent of the island was without electricity, and water supply was cut off, authorities said.

THE ASSOCIATED PRESS

Migrant flow unchecked

HUNGARY

Police report record 3,241 detained in a single day

Hungary deployed police reinforcements to rein in an unrelenting flow of migrants across its porous border Thursday, but refugee activists said the effort appeared futile in a nation whose migrant camps are overloaded and barely delays their journeys into the heart of the European Union.

Police reported a single-day record of 3,241 detentions of migrants on Wednesday, 700 more than the previous day, as they launched a new initiative seeking to channel migrants to one of the country's five camps using special trains. Under police escort, about 600 asylum seekers boarded one train to be delivered directly to at least two migrant camps.

But at several points along Hungary's meandering 174-kilometre border with non-EU member Serbia, undaunted migrants crossed the frontier



A refugee girl crawls under razor wire as she crosses from Serbia to Hungary in the village of Roszke. DARKO BANDIC/THE ASSOCIATED PRESS

on foot. Some said it was safer to walk rather than risk death by being smuggled in a vehicle. That risk was highlighted by Thursday's discovery in neighbouring Austria of the badly decomposing bodies at least 20 — and perhaps up to 50 — migrants dead inside an

“The European Union is incapable of defending Europe's borders.”
Janos Lazar

abandoned Hungarian-plated refrigerated truck.

Many crawled, boot camp-style, under coils of razor wire designed to be Hungary's first line of defence. Some clutched toddlers to their chests. Elsewhere, others encountering Hungary's partially erected

4-metre-tall border fence deployed both brain and brawn to traverse the wire-mesh barrier.

Others flowing from Serbia's main border encampment near Kanjiza maintained an orderly line on a cross-border rail track that cannot be blocked by fencing.

The new police-escorted train policy sought to strengthen Hungary's previous practice of issuing free train tickets to migrants along with instructions to report voluntarily to one of the country's five Immigration Office-run camps. Few took the advice, many instead camping out in the capital, Budapest.

The nationalist government of Prime Minister Viktor Orban blamed EU partners for putting Hungary in the immigration front line and for providing too little logistical support.

“The European Union is incapable of defending Europe's borders. The European Union is so weak,” Janos Lazar, Orban's chief of staff, told reporters.

Lazar said parliamentary approval would be sought to deploy the army along the border.

THE ASSOCIATED PRESS

Syrian forces, allied fighters and rebels in 48-hour ceasefire

A new 48-hour ceasefire went into effect Thursday between Lebanese Hezbollah fighters allied with Syrian government forces and insurgents in a Syrian border town and two Shiite villages.

Hezbollah's Al-Manar TV said the Shiite group's fighters and

Syrian forces had besieged the rebels in the town of Zabadani, near the border with Lebanon, following intense fighting that began in July.

The rebels, who once controlled Zabadani, retaliated by attacking the villages of Foua and Kfarya, in the mostly

rebel-controlled Idlib province to the north.

The Britain-based Syrian Observatory for Human Rights said the ceasefire stipulates that rebel fighters be given safe passage out of Zabadani and the nearby town of Madaya, where hundreds of civilians

have taken refuge.

In return, the insurgents would allow 1,000 residents of the two villages to leave and allow medical and humanitarian aid to all areas.

A previous ceasefire ended in mid-August after a spokesman for Ahrar al-Sham, one of the

rebel groups in Zabadani, said “forced sectarian migration will not be tolerated.”

Activists have shared a statement from the local council of Zabadani declaring it a disaster zone and saying thousands of civilians have been displaced. The statement said government

warplanes have bombed areas where civilians took refuge, a claim confirmed by the Observatory.

Syria's conflict has claimed some 250,000 lives since it began in March 2011, according to UN figures.

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Mother has hope for son on death row

TEXAS

She's asked the Pope to intervene

When Lidia Guerrero met with Pope Francis in Rome last year, the Argentine native told her he knew all about Guerrero's son, who has been on death row in Texas for 19 years.

"I've prayed so much for that young man from Cordoba," she says Francis told her, referring to the hometown of Victor Hugo Saldano.

The short meeting in February 2014 left Guerrero with more hope than she has felt in years about the future of her son, who she says is guilty of murder but has been driven to insanity on death row.

Francis is a staunch critic of the death penalty, and like most countries in Latin America, his homeland of Argentina does not have capital punishment.

Death penalty opponents are hoping that Francis pressures lawmakers to abolish it when he visits the United States next month, and Guerrero is praying that the Pope intervenes on behalf of her son.

Such pleas by popes or politicians from other countries often fall on deaf ears, and face particularly long odds in Texas, the U.S. state that makes most use of the death penalty.

Still, Pope John Paul II successfully won a reprieve in 1999 from Missouri Gov. Mel Carnahan on behalf of a prisoner scheduled for execution who instead was ordered to serve life in prison without parole.

"I have no certainty that Francis will ask for clemency for my son, but I do have hope," said Guerrero, 67.

Her hope is based on several factors, from the papal meeting to the legal fight surrounding Saldano's original death sentence. In 2002, the U.S. Supreme Court sent the sentence back to the Texas Court of Crim-



Lidia Guerrero displays photographs recently of her son Victor Saldano, inside her home in Cordoba, Argentina.

NICO AGUILERA/THE ASSOCIATED PRESS

inal Appeals to review because Saldano's Hispanic ethnicity was one of the criteria the jury considered when deciding between the death penalty and

life in prison. In 2004, Saldano had a second sentencing trial that did not factor in ethnicity and was again given the death penalty. THE ASSOCIATED PRESS

PSYCHOLOGY REPORTS

Single studies largely inaccurate: Research

A large group of researchers set out to repeat 100 experiments published by leading psychology journals to see how often they would get the same results.

The answer: Less than half the time.

That doesn't mean all those unconfirmed studies were wrong. But it's a stark reminder that a single study rarely provides definitive answers and why scientists often greet new findings by saying, "More research is needed."

"Any one study is not going to be the last word," said Brian Nosek, a psychology professor at the University of Virginia.

"Each individual study has some evidence. It contributes some information toward a conclusion. But the real conclusion, when you can say confidently that something is true or false, is based on an accumulation of evidence over many studies," said Nosek, who led the project.

And yes, he said at a press conference, "even this project itself is not ... a definitive

word about reproducibility."

The work was carried out by an international team of more than 300 people and released Thursday by the journal *Science*. The project focused on psychology because its organizers came from that field. Researchers worked with the authors of the original studies in setting up the replication attempts.

Only about 40 per cent of those attempts produced the original results.

The effort focused on 100 experiments reported during 2008 in any of three major psychology journals: *Psychological Science*, the *Journal of Personality and Social Psychology* and the *Journal of Experimental Psychology: Learning, Memory, and Cognition*.

None of these experiments tested any treatments. They focused on basic research into how people think, remember, perceive their world, and interact with others. One explored why people are reluctant to tempt fate, for example.

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U.S. President Barack Obama greets residents in the Tremé neighbourhood in New Orleans Thursday, marking the 10th anniversary since the devastation of Hurricane Katrina. Tremé, which borders the French Quarter just north of downtown, is one of the oldest black neighbourhoods in America. ANDREW HARNIK/THE ASSOCIATED PRESS

SPECIAL FEATURE

New Orleans's recovery forced the Crescent City open to the visions, dreams and agendas of outsiders, and now some fear too much has been given away. Metro's **Rosemary Westwood** reports.

Battle for the new Big Easy

This is the final instalment of a three-part series on New Orleans's ongoing struggles ahead of the 10th anniversary of Hurricane Katrina.

U.S. President Barack Obama had words of praise for the city of New Orleans, as he stood in the city's Lower Ninth ward to mark the 10-year anniversary of Hurricane Katrina.

New Orleanians are an example of good people coming together in the face of tragedy and hardship "to build a better future," he said.

But whether what's being built is a better future depends on who you ask. For some locals, it's not even a matter of what has been built, but of what stands to be lost.

And, maybe, what is lost

already.

While New Orleans mayor Mitch Landrieu calls it "America's comeback city," while tech startups are on the rise, while the tourism industry is posting record receipts, and amid a film-industry boom dubbed "Hollywood South" — some worry the new New Orleans is at risk of losing its old identity.

It's what happens when a city of neighbours sees an influx of newcomers.

"Different kinds of people are here, and they're dropping in at the moment when the city is, I think, trying to be something else," Stephanie McKee tells me. A native New Orleanian, raised near the racetracks of the Seventh Ward, she says the people have made this city what it is: renowned for its

friendliness, its food, its music and rhythm and masked mardi gras parades.

"Change has happened in New Orleans for many years," she says. "However, one thing has always remained in New Orleans, and that has been a very clear sense of Africanist culture."

McKee herself is artistic director of Junebug Productions, the successor to the Free Southern Theatre, a renowned civil rights art group.

"I worry about it being lost in the midst of commercialization, and being lost in the midst of what is inevitably more development to happen here."

Post-Katrina, the city has 100,000 fewer black residents than before the storm. Eco-

"Different kinds of people are here, and they're dropping in at the moment when the city is trying to be something else."

STEPHANIE MCKEE, NEW ORLEANS NATIVE

nomic recovery for black New Orleanians has dragged dramatically behind that of whites in this city (half its black men are unemployed). So as some neighbourhoods become more expensive, they're also getting whiter, including Gordon Russell's Uptown neighbourhood.

"One of the things that has

changed about New Orleans more than anything is there's more people now who aren't from here than there ever used to be," says Russell, investigations editor at the Advocate newspaper and a resident for 16 years.

"There's a ton of new blood in town, and that's kind of

psychologically interesting for the city."

Among the people I talked to, there's a perception that, in the past, newcomers had been lured by the culture and absorbed into it, into the city's sense of sleepy mystery, its rich cultural class of writers, musicians, dancers, actors, artists. A city where you know everyone on your block and their dog, where people look out for one another. A city where multiple generations live on the same street they grew up. Where, Russell says, people tended not to leave the city, and not a ton of people tended to move in. A city where everyone asks when they meet you, "Where'd you go to school?"

"That's a very subtle way or not-so-subtle way of saying,



ALL PHOTOS ON THIS PAGE BY ROSEMARY WESTWOOD/METRO

"Are you from here or not?" notes Laura Paul, a Canadian living in New Orleans since 2006. There's a divide between people who've lived here for decades, those who arrived just after the storm, and those that arrived in the last few years, she says.

This may be one of the friendliest cities you'll ever find, but locals demand your respect.

"The reason for that is this is a culture worth protecting and a culture worth preserving," Paul says.

Which is to say, resisting gentrification.

In the Bywater, a neighbourhood just east of the French Quarter, Pamela Davis-Noland has watched her neighbours pushed out by soaring rents and a hot housing market in the last four years, some who'd lived on the same block for generations. It breaks her heart, she says. She points to a house down the street, where new owners remodelled and turned their house into "yuppieville."

"Things changed, so quickly, right before my eyes, on this street alone," she says. "Everything just skyrocketed like crazy."

Walking the streets of the Bywater, it's no surprise the area is in demand. Historic, architecturally charming houses painted a kaleidoscope of colours are guarded by thick swamp foliage and palm trees.

"I'm a lover of New Orleans, but to classify myself a New Orleanian, I think that's for the people born at Charity Hospital. I'm not going to take that title."

PAMELA DAVIS-NOLAND, NEW ORLEANS RESIDENT SINCE 2011

They feature high ceilings and old wooden floors, and sit on quiet streets.

According to a promotional video by the city's tourism agency, Bywater, once dominated by blue-collar workers and artists, is witnessing a "restaurant revolution." But to two local filmmakers, the city is out to lunch.

Jason Foster and David Bear shot a parody video that mocks the Bywater as an "up-and-coming white neighbourhood" that's "packed with plenty of price gouging to keep you broke all day long." Crescent Park, it notes, is a great spot for "watching the New Yorkers native to the neighbourhood."

The video was widely shared, and struck a nerve.

The same thing happened when local residents, noting a surge in Airbnb rentals in Bywater (they counted 140), put up a mock sign advertising the chance to "live like a

local" for \$250 a night. "Who need neighbours when you've got brunch?" it joked.

Davis-Noland has lived here since 2011, running a local bed-and-breakfast. She says tourism isn't bad but she wonders what exactly visitors to the Bywater are seeing? It's less and less the authentic community that she has loved, and she fears what the next four years will bring.

To some New Orleanians, tourists and newcomers carry the same risk, as agents of change that threaten to commodify the city's culture and tip the scales in favour of those who consume it, at the expense of those who create it.

But not everyone holds that worry. Cordell Ford, a native raised in the C.J. Peete projects, has been living in his home just north of the Bywater since 1993. He's seen his block change from a dirt road to a paved one, and neighbours come and go. As for the wor-

ries over newcomers? "Enough is enough," he tells me, taking a pause from trying to fix his pressure washer in his backyard. "This is America."

People are free to move in, he says, and he doesn't care about skin colour or where you were born — he cares if you're a good neighbour, if you keep your garbage bins at the back of the house and your car in the driveway to keep the road clear. And he expects that the people who move in will adopt the local ways.

"People move here because they like the hospitality, it's different than anywhere else you go," he says. "As time goes on they'll become like a New Orleanian — you know, laid back and everybody helping out."

Like a New Orleanian, if not exactly a true one. That is title that most agree belongs to those bred, if not born here.

Davis-Noland is "a resident of New Orleans, I'm a lover of New Orleans, and I'm never leaving New Orleans," she says emphatically. "But to classify myself a New Orleanian, I think that's for the people born at Charity Hospital. I'm not going to take that title, out of respect."

That's the way all the transplants I've met feel, but McKee told me I was self-selecting "great folk."

"I would say that that's rare, I would say that's becoming more rare," McKee told me. She's watched people imitate Baby Dolls, apparently without

regard for the fact that those masked mardi gras groups in silky, feminine costumes have their roots in segregation, and the city's black sex-trade workers.

When people complain about the noise from second lines — smaller brass-band parades that march year-round across the city — that's a problem, she says. And anyone planning on setting up a restaurant here should know that New Orleanians are "extremely funny" about their food.

"We know good food, and we know food that's been made with love," she says. And if you mess up, "they will call you out on it."

For the New Orleanians born here or raised here, and who have not been able to stay, the sense of loss is deep, she says.

"It's not just people who want to get together and make life difficult for other folks, but that is a difficult place for people to be in. And certainly there has to be a happy medium somewhere in between."

Outside Frady's, a Bywater food shop and po-boy purveyor, a couple of locals drink coke and shoot the breeze. "Aren't you going to see Obama?" one jokes, mentioning the president's trip to the city. The others laugh.

"They're playing Katrina on the news 24/7," another says, disgust in his voice, "and I'm sick of it."

+ BACKGROUND

Katrina by the numbers

Aug. 29, 2015: Date Hurricane Katrina made landfall

5: Category Storm

50: waters breached at least this point in the levee system, primarily due to poor design

1,577: People killed in Louisiana

\$151 billion: total cost of devastation in 2014 dollars

254,502: number of people who had not returned to New Orleans one year after Katrina — more than half of the city's population

57 percent: Percentage of black New Orleanians who say their life was affected "a great deal" by the hurricane

40 per cent: Percentage of the city's white population who say the same

33 per cent: Amount rents rose across the city, post-Katrina

37 per cent: Percentage of people in New Orleans who spend 50 per cent of their income on rent

23 per cent: Percentage of people in Vancouver who spend 50 per cent of their income on rent

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SOCIAL MEDIA

Instagram adds new photo, video options



Irene Kuan
Metro | Toronto

Your Instagram pics didn't always have to be square, but the app has updated to support two new photo orientations.

The photo-sharing app, which is owned by social-media giant Facebook, announced it will now support landscape and portrait formats.

In a blog post, Instagram

said it discovered one in five photos or videos users posted to their network was not a square and wanted to make it easier for people to share content in alternative formats.

With the new features, a user can easily tap the format icon to change the orientation, but the square format will remain default. Once shared, the full-size photo will be shared to followers as a centre-cropped square.

In addition to the new photo formats, Instagram will add a filter option to videos.

IN BRIEF

Videotron lifts data limit on streaming services

Quebec telecom provider Videotron is offering cost relief to its customers worried about music streaming draining their mobile data. The Quebec-based carrier says it will no longer count streaming music services towards its subscribers' monthly data packages if they're signed up for its new Unlimited Music service.

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New Galaxy smartphones will arrive weeks ahead of Apple's latest hardware updates. MARY ALTAFFER/THE ASSOCIATED PRESS

Samsung remains at the head of the class

TECHNOLOGY

Competition still stiff from other Android devices

Samsung's new smartphones and tablets might not offer enough to entice iPhone and iPad users to switch but they keep Samsung at the head of the class among Android

gadget makers.

The new Galaxy devices come weeks before comparable updates from Apple are expected. In a sense, if Samsung can't beat the competition in sales, it can at least beat it to store shelves.

Samsung has been facing competition not just from Apple but also from Android manufacturers such as Motorola and Xiaomi, which offer good-enough features while keeping prices low. Consumers

will have to decide whether the features in the latest Samsung devices will be worth the premium price tags.

The Galaxy S6 Edge Plus and Note 5 phones arrived last week, while the Galaxy Tab S2 tablets come out next Thursday.

Of the two, the Edge Plus is likely to appeal to more people. The screen's left and right edges are curved like a waterfall and blend into the phone's aluminum casing. You

get a better grip and a more immersive viewing experience, even from an angle.

Compared with the original Tab S tablet, the Tab S2 update sheds bulk and weight, akin to what Apple has done with the full-size iPad Air and Air 2.

Samsung is ahead with multitasking features that let you view multiple apps side by side, though similar features are coming to the iPad soon with the iOS 9 software update.

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MULTIMEDIA

Discovery launches new VR network

Discovery is unleashing the first videos for its virtual-reality network, Discovery VR, a fledgling service that is testing the limits and capabilities of the immersive format.

The videos debuting Thurs-

day on DiscoveryVR.com, YouTube and on Android and iPhone apps reveal some of the promise of the medium, which covers every angle you could possibly look and is navigable by moving a smartphone

around you or clicking and dragging the viewing angle around with a mouse.

In addition to computers and mobile devices, the Discovery VR content can also be viewed using virtual-reality

headset devices, such as Google Cardboard and Samsung Gear VR, which are on sale now, as well as Facebook's Oculus Rift, which is expected early next year.

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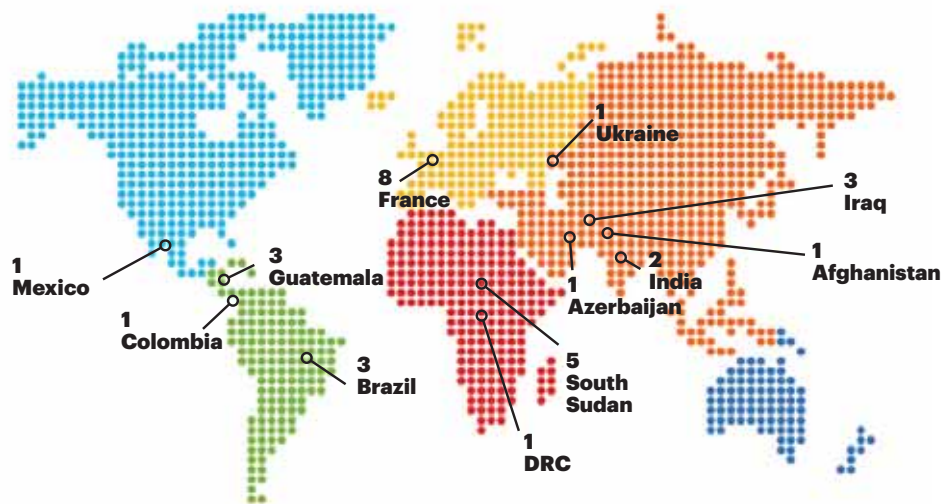
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Making Cancon rules look limp: Kenyan pop stars lobby for radio to play 70 per cent local music, in part to preserve benga, a unique blend of East African sounds with guitar.

THE BIG THING: TRUTH UNDER FIRE

When two journalists were shot on-air in Virginia this week, it was an awful, freakish and mercifully rare event for the U.S. Around the world, however, dozens of journalists are killed just for doing what they do. When they expose stories, they often expose themselves to the wrong kind of attention — a reporter burned to death in India after exposing illegal mining, a radio announcer shot in the Democratic Republic of the Congo for covering a divisive bureaucratic appointment, the Charlie Hebdo massacre in France. And that's not counting the dangers of bringing the news from volatile places. These are recorded targeted killings of journalists thus far in 2015. Some certainly have gone unreported, and still more are in dispute.



SOURCES: REPORTERS WITHOUT BORDERS, INTERNATIONAL PRESS INSTITUTE, COMMITTEE TO PROTECT JOURNALISTS

THE KOHLER REPORT: ON ODDLY TEARFUL GOODBYES



While I respect Celine, I'd respect myself a lot less if I listened to her music. Why, then, my sudden connection to her and her grandfather — I mean husband?

When I was a teenager I was grossed out by many things: sun-dried tomatoes, pointy-toed shoes and the marriage of Celine Dion and René Angélil. I still dislike the tomatoes and the shoes, but why was I crying the other day while reading about the fact that René will soon die from his second bout of throat cancer?

The tears took me off guard, and I found myself embarrassed even though I was alone (which I didn't know was possible). I'd tell you it was PMS, but I don't like perpetuating stereotypes. I think I'll just have to admit I was sad. What's going on with me?

To put this mystery in con-

text, you should know that I am not a Celine Dion fan. While I respect Celine and her talents, I'd respect myself a lot less if I listened to her music. Yes, she has an amazing voice, and that's fine, but it's not my thing. Why, then, my sudden emotional connection to her and her grandfather — I mean husband?

I think everyone was cynical about the manager-turned-fiancé who was 38 when he first met a 12-year-old Celine — they were like the Québécois Woody and Soon Yi, only with less neurosis and more dental work and tourtière.

What's funny about this cynicism is that it seems the

couple had, and still has, none. Have you watched Celine Dion? She's the opposite of cynical. She has so much hope and enthusiasm that if she visited Banksy's Dismaland, it would turn into Disneyland.

Anyone who's the 14th child born into a poor Québécois family had better be positive; you don't get from there to where Celine is now by ruminating on negative thoughts like "What's the point?" and "Should we have a defibrillator at the wedding?"

Celine wanted to be famous, she wanted to marry René and she wanted kids — and all of those things came with challenges she'd overcome with a

quick fist-bump to her heart. Though her music makes me feel like my ears have eaten too much Velveeta, her attitude makes me feel like everything is going to be OK.

In a world where celebrity relationships — the Brad-and-Jens, the Jen-and-Bens, the Gavin-and-Gwens — come with nanny scandals and conscious uncoupling, here's a pair who represent a slightly weird-looking version of true love. Like the nerdy couple in high school who were having more sex than everyone.

Celine recently said René's wish is to "die in her arms." That's what made me cry. René and Celine, after all these odd, unlikely years together, are being torn apart, along with the pieces of my heart!

I'm not wearing a hat — I never have and never would wear a hat — but if I were, I'd tip it to them.

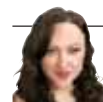
Rebecca Kohler is a stand-up comic, writer, actor, gymnast, lawyer and chemist. (Some of this isn't true.) Follow her on Twitter @becca_kohler.



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metroview

Being morbidly curious about a death is only human



Liz Beddall
Metro | Toronto

A few weeks ago, I joined a discussion about the sudden and still unexplained passing of TV host Chris Hyndman.

The talk was intense in topic but casual in tone. We tossed around the presented facts as if they were fiction. "Didn't you meet him at one point?" asked one of my friends. I had in fact spent an entire day interviewing him a few years prior. Chris bestowed heaps of warmth upon this awkward, poorly dressed young journalist. Guilt drew my voice away from the conversation, but not my mind.

My shame-soaked queries came to life on the Internet. Each article on the death bobbed above a turbulent sea of reader commentary.

Comment: "Anybody heard about the circumstances ... Did he jump or what?"

Response: "Did you ever think that maybe Steven and the family want to keep their personal lives private? The public is not entitled to know everything."

The back-and-forth continued similarly, and produced yet more backlash. A question was asked, the questioner was shot down, the shooter was shot down, and so forth.

In Hyndman's case, as with every loss of a life, a study of death ensues. Worried that lumbering into dark territory will spoil our eventual experience of grief, or someone else's. We might shake our

heads as view-numbers rise on a morbid video, but linger a little too long at the site of an accident. We'll ask ourselves and each other if anything was done too soon, too much, too loud or too little. None of the answers are obvious, but the questions are limitless, and we all have them.

In high school my best group of girlfriends experienced the tragedy of one of our own committing suicide. Looking back now, I feel much less hostile toward the complete strangers who showed up at the funeral, less bitter toward the countless individuals who have asked me, over the years, about how she put an end to her life before asking me about her life, and lastly, less angry at myself. I forgive myself for not thinking of her every day since, and for now using her to fill a paragraph of this column. These were, and are, all decisions made while fumbling around looking for the right way to handle the one thing none of us who are living know anything about.

The departure of August will pull with it the deaths of Chris Hyndman and countless others into the past. And while grief, loss and closure will attach themselves differently to those left behind, uncertainty will reign universal.

So should we be so quick to denounce the morbidly curious? Those who seek out, and secretly long to seek out, the whys and the hows? Because what if the inclination to better understand the end of life renders many of us not less human, but a little bit more?

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Searching for soul in the club

HEARTTHROB

Efron wants roles that play to more than just his looks

IN FOCUS

Richard Crouse



Zac Efron became a teen heartthrob with the success of the High School Musical movies and then did everything possible to decimate and alienate the core audience that made him a star.

He rightly realized that the shelf life of a young Disney star was limited and turned his attention to making serious but little seen films like Parkland, At Any Price and The Paperboy, an art house film better known for a scene utilizing an age-old cure for a jellyfish sting you don't normally see administered by an Oscar winner like Nicole Kidman.

His latest movie, We Are Your Friends, the first major-studio film set in the world of electronic dance music, is a mix of music and romance that sees Efron play an aspiring DJ who falls in love with his mentor's girlfriend.

It's a role that should appeal to his original fanbase, the kids who have aged out of High School Musical and now listen to EDM, where his other screen choices seem to have left them behind. Occasionally he's thrown them a bone, with pop-com movies like New Year's Eve,



Zac Efron plays an EDM DJ seeking stardom in We Are Your Friends. HANDOUT

or Neighbors, where he plays the prerequisite 20-something good-looking Hollywood hunk.

Take That Awkward Moment for instance. He played an avowed hook-up artist, a young guy who would rather hang out with his best friends Daniel (Miles Teller) and Mikey (Michael B. Jordan) than have a meaningful relationship with a girl. In time-honoured rom-com fashion, it's a movie that takes advantage of its leading man's blue eyes and sculpted

abs. Efron's hair is practically a character in the film.

Perhaps while making The Lucky One, a Nicolas Sparks romance co-starring Taylor Schilling, it occurred to him that simply watching good-looking people fall in love does not a movie make.

I couldn't help but think that Efron, when he says to Schilling's character Beth, "I know you deserve better than this," was actually speaking to the audience.

story about a reporter returning to his native Florida to investigate a murder.

Paired with risk-taking actors like Nicole Kidman, David Oyelowo, John Cusack and Matthew McConaughey, Efron works hard to shake off the early teen idol gloss that made him famous. He mostly succeeds, although director Lee Daniels's camera still caresses the actor, taking full advantage of his effortless appeal.

In Me and Orson Welles, Efron is overshadowed by an actor playing a man who died many years before the core audience of this movie was even born. Christian McKay plays Orson Welles with such panache that Efron becomes a supporting player in his own movie but still makes a strong impression as a teenager with dreams of being on stage in this handsomely mounted period piece.

Other films like At Any Price, a 2012 powerful tale of fathers and sons and the pressure to succeed, have shown not only his depth but his willingness to stretch as an actor.

So why does Efron, who could have a movie franchise career in a heartbeat, look past the obvious career path?

Efron told the Hollywood Reporter that his often eclectic acting choices are always artistic in nature and never about money.

"I'm constantly searching for characters that are about betterment of self and betterment of others," he says. "And I'm searching for those parts because those are the ones that make me happy. They're the ones that fulfil me personally."

MOVIE RATINGS by Richard Crouse

We Are Your Friends ★★★★★
Learning to Drive ★★★
The End of the Tour ★★★★★
Cop Car ★★★
Backcountry ★★★
Z for Zachariah ★★★

HOW RATING WORKS
 ★★★★★ SEE IT
 ★★★ WORTHWHILE
 ★★ UP TO YOU
 ★ SKIP IT

Luckily his other films are less about his looks and more about his ability. The Paperboy is an odd film. It's an art house

thriller — meaning that there aren't many thrills — in which each of its stars do some fairly intense envelope pushing in a

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More than the Blurred Lines babe

EMILY RATAJKOWSKI

Her acting career grew from an early love of theatre

Matt Prigge
Metro in New York City

Emily Ratajkowski knows who classic French filmmaker Robert Bresson is.

That shouldn't be shocking. Her mother is an academic and her father is an artist. Her big acting break, after her bit in the Blurred Lines video, was as Andie, the student sleeping with Ben Affleck's Nick, in *Gone Girl*. She's since played herself in the *Entourage* movie, and she's now in *We Are Your Friends*, as the personal assistant/girlfriend of a big time DJ.

Women's sex appeal is usually filtered through the male gaze. You've spoken about how you want women to

reclaim that sexuality and own it.

Even in *Gone Girl* and *We Are Your Friends*, you watch those characters at moments through the eyes of the male characters. I think there will be parts in the future where it's just about the women and female journeys. That's what I'm constantly struggling to find.

The actor's dream is to be able to carefully curate their careers, create a body of work they're proud of.

For me it's a matter of being happy. It's not about being career savvy. I had a conversation with David (Fincher) after I did *Gone Girl* where I said, "I don't think I'm very good if I don't care about (the material)." He was like, "Well, duh." I was like, "Well, you're David Fincher, so that's easy for you to say." But it's something I'd like to keep in mind.

You became a model so you could become an actor, correct? Yeah, isn't that funny? Not many

people know that. I was one of those kids who tried everything, and theatre was definitely something that stuck. I went to UCLA for visual art and thought about becoming an English professor or a writer. I've always been creatively inclined. My first love, though, was theatre.

What were some roles you were playing as a kid?

I was the Little Match Girl, which was my first lead in the sixth grade, which was a big deal for me. But I fell in love with acting by watching theatre. I lived in London when I was five years old while my mom was teaching literature there.

Given your parents' professions, was it inevitable you'd fall into the arts?

I guess so. It drives me insane when people say, "Oh, I've been designing clothes," and someone says, "Great, but your father is Ralph Lauren," and they say, "That just happens to be the situation." Let's be honest: We're very impacted by what we're surrounded by as a child.



Emily Ratajkowski says that in *We Are Your Friends*, in which she plays the personal assistant and girlfriend of a big-time DJ, the viewer is looking at her character through a male gaze.

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Starring: Priscilla Shirer, T.C. Stallings

Tony and Elizabeth Jordan have it all — great jobs, a beautiful daughter, a dream house. But appearances can be deceiving; and their marriage is failing. Their lives take an unexpected turn when Elizabeth meets Miss Clara and is challenged to establish a "war room" and a battle plan of prayer for her family.

ROTTEN TOMATOES™ SCORE

Critics: **NOT YET REVIEWED** Audience: **+79%**



SCI-FI Z for Zachariah

Director: Craig Zobel
Starring: Margot Robbie, Chiwetel Ejiofor, Chris Pine

A young woman survives a nuclear war, fearing she may actually be the proverbial last woman on Earth, until she discovers the most astonishing sight of her life: another human. A fragile, imperative strand of trust connects them. But when a stranger enters the valley, their precarious bond begins to unravel.

ROTTEN TOMATOES™ SCORE

Critics: **86%** Audience: **+94%**



ACTION & ADVENTURE Turbo Kid

Director: Anouk Whissell, François Simard, Yoann-Karl Whissell
Starring: Munro Chambers, Laurence Leboeuf

Set in a post-apocalyptic 1997, this retro-futuristic and nostalgic tribute to '80s action-adventure films follows an orphaned teenager who goes on an adventure to save his female-robot companion from the hands of an evil warlord who controls the water supply.

ROTTEN TOMATOES™ SCORE

Critics: **94%** Audience: **+87%**

MOVIE BRIEFS
JLaw, Schumer unite to write a comedy

Jennifer Lawrence and Amy Schumer aren't just riding jet skis together. They're making a movie.

A representative for Lawrence confirmed this week that Lawrence and Schumer are writing a screenplay.

In an interview with The New York Times, Lawrence says the two are planning to star in the comedy as sisters.

Lawrence seems thrilled by their newfound friendship and says she and Schumer are "creatively made for each other."

The two became friends after the Hunger Games star reached out to the comedian to praise her recent film Trainwreck.

Photos of the two jet skiing went viral online earlier this summer.

THE ASSOCIATED PRESS

Amy Schumer
GETTY IMAGES


Daniel Dae Kim to adapt North Korean refugees memoir

Korean-American actor Daniel Dae Kim of Hawaii Five-O fame will be bringing the true story of a modern-day, underground railroad for North Korean refugees to the big screen.

Based on Mike Kim's (no relation) 2010 memoir Escaping North Korea: Defiance and Hope in the World's Most Repressive Country, the film version will be produced by the actor's CBS-based company 3AD, reports Deadline.

Kim will also star in the film.

In the book, the writer recounts his experiences as a refugee aid worker on the Chinese border. The film will adapt the dramatic retelling of high-risk missions to help

North Korean refugees escape the repressive country.

Daniel Dae Kim
GETTY IMAGES


THE TV DINNER JESSICA ALLEN


If you saw Peter Bogdanovich's life portrayed on the big screen, you might not believe your eyes. He authored books in the '60s on Hollywood's best directors, including Orson Welles, John Ford and Alfred Hitchcock. In the early '70s, Bogdanovich sat in the director's chair himself and made three back-to-back hits, including The Last Picture Show, which received eight Academy Award nominations, and whose 19-year-old star, Cybill Shepherd, he dated for the next seven years.

But three infamous flops followed: TV Guide called 1975's At Long Last Love,

Understanding the elements that make something great doesn't guarantee a great finished product

"one of the worst bombs" of the decade. And 1981's They All Laughed was a colossal wreck: Bogdanovich started an affair with the film's actress Dorothy Stratten, 1980's Playmate of the Year. Stratten's husband, Paul Snider, shot and killed her, then committed suicide.

Bogdanovich, devastated, wrote a book, The Killing of the Unicorn, about Stratten. Eight years later, he married Stratten's younger sister, Louise, who was 29 years his junior.

There were more filmic failures — save, perhaps, for Mask (Cher!) — not to mention two declarations of bankruptcy. But Bogdanovich is back with his first feature film in 14 years. She's Funny That Way is a screwball comedy about a playwright, his wife and the call girl with whom he cheats and then casts in his new play alongside his wife. Bogdanovich co-wrote it with his ex-wife Louise (they divorced in 2001.)



Cybill Shepherd also has a small role.

I saw it Sunday night and wanted to love it — not just because I enjoy Bogdanovich's best films but also because I love a comeback kid — especially a 76-year-old one who's guest-starred in two of my favourite TV shows, The Sopranos and Northern Exposure.

Besides, the cast is incredible, directors Wes Ander-

son and Noah Baumbach, who refer to Bogdanovich as "pop," are both executive producers, and Bogdanovich, who has an encyclopedic knowledge of film history — "From the age of 12 to 30, he saw close to 4,000 movies and critiqued them all on index cards, which he still has," Vanity Fair recently wrote — knows the essence of what makes for a great screwball comedy. In many ways, his

1973 film Paper Moon out-screwballed the movies he was emulating.

But She's Funny That Way's only achievement, of sorts, was having Owen Wilson, Kathryn Hahn, Will Forte and Rhys Ifans in a movie that doesn't elicit one laugh.

Understanding the elements that makes something great doesn't guarantee a great finished product. Take steak houses. All you need is meat, potatoes, dark wood and old-school ambiance. But so few places do it right.

Barberian's, a Toronto steak house in the heart of downtown, has been hitting it out of the park with their food and service for 56 years. It's a place you want to take people you love: Richard Burton proposed to Elizabeth Taylor (the first time) there.

Feeling deflated by the movie and in need of a classic pick-me-up, we went to Barberian's after seeing She's Funny That Way, a comedy that had all the ingredients to be a hit. But unlike our steaks that were cooked perfectly over the hardwood charcoal grill, the film had no sizzle.

Jessica Allen is the digital correspondent on CTV's The Social.

FILM TRIBUTE

As you wish: Princess Bride live read at TIFF

Princess Bride fans, prepare to laugh. This year's live read at the Toronto International Film Festival will be the beloved Rob Reiner fairy tale.

Jason Reitman announced the pick on Twitter, noting that the family favourite won the people's choice award at the festival back in 1987.

Reitman's popular stage event features celebrities and comedians who are invited to read a screenplay aloud in its entirety.

The Montreal-born director recently staged a star-studded edition in Montreal that featured Jennifer Lawrence and Michael Fassbender reading Joel and Ethan Coen's The Big Lebowski.

Expected celebrity guests

at this year's TIFF include The Princess Bride director Reiner and star Cary Elwes.

The Toronto International Film Festival runs Sept. 10 to 20.

"In 1987, Princess Bride won Toronto Film Festival," Reitman tweeted.

"On Sept. 12th, we're going to pay tribute to that perfect script."

Previous live reads at TIFF include American Beauty, which featured Breaking Bad star Bryan Cranston in the lead role originally played by Kevin Spacey, and Boogie Nights, which starred Jesse Eisenberg and Josh Brolin in roles originated by Mark Wahlberg and Burt Reynolds.

THE CANADIAN PRESS



Cary Elwes and Robin Wright in *The Princess Bride*. CONTRIBUTED

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INTERVIEW

Ben Kingsley likes art that feels like kismet

Richard Crouse
For Metro Canada



Ben Kingsley is an Academy Award winner and one of the most recognizable faces in movies. He is an actor, and a very good one but he prefers to be called something else.

"I'm sure I am a storyteller," he says. "I'm sure that is the right place for my DNA to be."

Whether he is playing Darwan in this weekend's *Learning to Drive* or Mohandas Gandhi, Itzhak Stern in *Schindler's List* or *Sexy Beasts'* Don Logan, he strives to tell stories that get under the audience's skin.

"Something happened to me and it stayed with me forever," he says. "I had the privilege of playing Hamlet for the Royal Shakespeare Company and I was walking and it was always



Ben Kingsley plays a taxi driver hired by a recently divorced woman in *Learning to Drive*. HANDOUT

in my head. It is a very all-consuming role.

"I was in Snitterfield, an open field just outside Stratford Upon Avon. A lovely young woman was on the opposite side of the field and seemed to be walking towards me, so I decided to tack

to my right to avoid her feeling that I was intruding on her space. She tacked to her left. In other words, she mirrored me. Then I went the other way and she mirrored me. She was determined to meet me in the middle of this field. Then face-

to-face, she said, 'I saw Hamlet last night. How did you know about me?' Something (I did) must have gone right in there (he points to his heart), straight through the sternum and said, 'I know.' That's the connection."

In his new film Kingsley

makes a connection with co-star Patricia Clarkson. She plays Wendy, a divorcee who hires Darwan to teach her how to drive so she can travel to upstate New York to visit her daughter. As she learns to navigate Manhattan's mean streets,

“

I love that idea in mythology that the gods look down and send somebody to somebody.

Ben Kingsley, on the serendipity in his new film

they form a bond, teaching one another about life and love.

"I think in a really beautifully fashioned play or screenplay you have a feeling that the gods look down and say, 'I'm going to bring you two together.' I love that idea in mythology that the gods look down and send somebody to somebody. It is only through very unfortunate, heartbreaking circumstances that she finds herself in a taxi. Heartbroken. I am driving a heartbroken woman. And I loved in the way, as in all great stories, the little coincidences are the gods guiding and bringing people together for some purpose. Here it is not for a great romance, it is to heal."

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Turbo Kid a rowdy 1980s throwback

SCI-FI

Canadian film described as a BMX tribute to Mad Max

Steve Gow
For Metro

From BMX bikes to murderous road warriors to the retro-sound-track layered in synthesizers, *Turbo Kid* is a love letter to the kitschiest elements of 1980s cinema.

Indeed, perhaps the only emblem of '80s sci-fi missing from the cult hit is *E.T. the Extra-Terrestrial*.

"It's literally the hardest film to describe because there's so much going on, but it is an homage to '80s films," explained star Munro Chambers of the Canadian festival hit that Variety called a "BMX-riding Mad Max tribute."

"I always try to describe it as

a charming romantic-comedy in a post-apocalyptic world painted with blood."

Directed by Montreal trio Anouk Whissell, Yoann-Karl Whissell and François Simard, the cinematic shrine to quirky pop-culture is set in a "futuristic" 1997 where an orphaned BMX-rider (Chambers of TV's *Degrassi* fame) enlists a buoyant optimist (Laurence Leboeuf) to help him overthrow an evil eye-patched emperor (played by iconic '80s villain Michael Ironside).

"We came pretty fresh into this," said Leboeuf, who admits much of the imagery of the decade was not part of her upbringing. "Even today, we have people telling us references that we haven't noticed yet in the movie."

"We knew it was an '80s homage, but the filmmakers let us create our own characters," added Chambers.

"We just wanted to make sure we weren't mocking anybody or anything that came before us (and) to create these unique characters was the way to do

“

It's literally the little film that could.

Actor Munro Chambers

that."

The film has impressed enthusiasts by crafting a pair of compelling protagonists against bizarre imagery that does not shy away from the extreme — notably including the artistic use of a stationary bike to pull out a victim's entrails. But if the cast gets their way, the movie's greatest triumph will be the redemption of the lost cinematic era it aims to celebrate.

"They were just a lot of fun," said Chambers of '80s cult movies.

"That's what this film is — trying to be fun and to not take itself too seriously but also (have) grounded moments. It's just something you can watch with your buddies and have a good cheer."



Laurence Leboeuf plays Apple in the film *Turbo Kid*. HANDOUT

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How to ask the loaded questions

INTERVIEW

Jesse Eisenberg on playing the journalist who profiled David Foster Wallace

Matt Prigge
Metro in New York City

Jesse Eisenberg tends to play characters who are shy (Roger Dodger, *Adventureland*) or passive-aggressive (*The Squid and the Whale*, *The Social Network*). In real life he's definitely the former. During some of our interview, the actor curls up on the couch, his head resting on the arm, quietly but assuredly discussing his role in *The End of the Tour*.

That film reverses what we're experiencing. Based on David Lipsky's *Although of Course You End Up Becoming Yourself*, it recreates a few days the author-journalist spent with the late David Foster Wallace after the release of his doorstop of a masterpiece, *Infinite Jest*.

Eisenberg plays Lipsky to Jason Segel's Wallace, playing both confidant and aggressor — a standard relationship during interviews.

This is drawn from Lipsky's transcripts, so you're saying things that were really said. But structurally the scenes capture the feel of real, long conversations, with asides and digressions. How did you achieve that looseness? There was very little planned. We didn't have rehearsal, and I didn't personally think of anything as a climactic moment. Nothing felt explicit in the script. That's good for actors. You don't feel necessarily beholden to a struc-



Jesse Eisenberg plays a journalist whose style is both confidant and aggressor — a standard relationship during interviews. HANDOUT

ture. You treat it as it comes to you.

Having no rehearsal means the dialogue could potentially sound fresh — like you're saying the lines for the first time.

That's how I did it. I really like doing that. With this movie I didn't like saying the lines until we were filming, because my character's not as verbose as the other character.

I didn't feel the need to rehearse my dialogue. It was more emotionally potent to not do anything until the camera was rolling.

You don't have that luxury in movies, really, because you have to rehearse in order to set technical things up. But with this we did have that.

It was just the nature of the shoot being quiet and a director who was pretty comfortable allowing us to be more flexible.

Did you find that you were discovering things about Lipsky as you went along?

Exactly that. When I first met James Ponsoldt (director) I told him I didn't want to play the version of the character who's like the kid brother.

He said, "What else is there?" I said, "Well, he's a sniper. He's going in there with an agenda."

Once we thought of that I was able to find those moments not only in Donald Margulies' wonderful script but in the subtle interplay that happens on set.

One of the main ideas in the film is meeting someone

“

You obviously have an allegiance to some kind of self-protection.

Eisenberg on being interviewed

one admires and finding them to be pretty normal.

Normal, or maybe even more specifically not happy with the achievements you think you'd be happy with. I think, if I could just achieve the success he has I would be happy. And I see he's still unfulfilled. Not only is he unfulfilled but he seems almost terrified.

You're playing a journalist.

Had you ever interviewed someone before? Mm-hmm, no.

It's an odd and unnatural form of communication because the interviewer needs to have an angle. And here, your character definitely has one. He's trying to get Wallace to disclose about something very personal.

It creates a lot of dramatic tension, but it's also an understandable and sympathetic position to be in.

My character is also struggling, also has a job to do. And Wallace agreed to the interview. When he becomes resistant, my character tells him he agreed to the interview, so you haven't earned the right to become suddenly resistant on your own terms. You knew

what the deal is. You can see it from both perspectives.

Certainly as an actor being interviewed for things like this, I can see it from both perspectives as well. You try to be forthcoming, so the person writing the story can reasonably and comfortably write something. But you obviously have an allegiance to some kind of self-protection.

Wallace has a line where he says he wishes he could shape the impression your character has. Do you feel a certain anxiety in how other people will present you?

Yes, of course. It's unnerving. The best thing to do is not try to micromanage something that's unmanageable, which is how you are perceived by strangers.

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Can't feel song of the summer

POP CHART

No single had enough spin to be the big hit of the season

SOUND CHECK

Alan Cross



I've never been party to this whole nonsense of declaring a "song of summer" until now. That's because there isn't one for 2015.

If we go back through the decades, there has always been a SotS, a multi-week chart-topping track that a) was ubiquitous to the point of annoying; b) was singable by even the most casual music fan; c) was the cause of headache-inducing earworms; and d) — and this is the nebulous part — encapsulated the zeitgeist of that particular northern hemisphere summer.

Need some examples? Satisfaction from the Stones back in '65. The Knack and My Sharona from '79. When Doves Cry from Prince in '84. In 1996, it was all about Macarena by Los Del Rio. Umbrella from Rihanna in 2007. You get the idea.

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But 2015 is different. As far as anyone can tell — and I track all the charts and radio sites and music blogs — no song meets the accepted SotS criteria this year. There's no Blurred Lines, no Call Me Maybe, no Fancy, no Somebody I Used to Know. Nothing that anyone can call a true anthem for those months between May and September. Nothing that, when we hear it years from now, we'll say "I remember that year! It's when [fill in the blank]." Nothing that will instantly get aunts and uncles

dancing awkwardly at a wedding in two years.

Well, what about Trap Queen by Fetty Wap and Cheerleader by OMI? Both made pop culture inroads but not to the extent that previous SotS songs have. See You Again by Wiz Khalifa was huge, but it's too sombre.

What about Taylor Swift. Shake It Off? Peaked too soon. It was a massive hit in the spring but by time summer rolled around, it was on its way down the charts. What about her Bad Blood? The

video turned off too many people. Can't Feel My Face by The Weeknd? Maybe if it had been released earlier. It's only peaking now. It's too late.

Personally, I'll associate the summer of 2015 with Beck's Dreams, but it didn't have the requisite multiple-week stay at the top of the singles charts.

What happened? The big pop stars (aside from Ms. Swift)



have been AWOL this summer. Music consumption continues to fragment. Radio alone no longer dictates those massive consensus-building hits.

Or maybe — just maybe — no one wrote a great summer pop song this year.

Beck had a SotS contender that didn't quite pop off the charts.

GETTY IMAGES

MUSIC NOTES

Beauty Behind the Madness

Before his new album, The Weeknd had become an alt-R&B figurehead, mostly on the strength of his sunless mixtapes populated by dour tours of joyless nights at the club.

Though he had proven a gift for crafting alluring atmosphere in his music, he had only once penetrated the Top 60 on the U.S. singles chart and had seldom seemed interested in catering to the broadest tastes.

In less than a year, he's scored four Top 10 hits, including his first No. 1 in Can't Feel My Face. It's a near-unprecedented run for an R&B singer, particularly a press-averse Canadian who sings ennuï-haunted odes to cursed drug trips.

THE CANADIAN PRESS

The
Weeknd
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NEW RELEASE

Getting ready for The Weeknd



From start to finish — quite literally — the Weeknd's hulking smash album Beauty Behind the Madness features the handiwork of Canadian songwriter Stephan Moccio.

The 42-year-old from St. Catharines, Ont., co-wrote both the album's opener Real Life and its closer, Angel, plus its double-platinum centrepiece single Earned It.

If the Weeknd's ascent from melancholy wallflower to perhaps the world's most sizzling pop star seems unlikely, well, so

is the odd couple partnership between two Canadians.

"We don't know exactly how it works," an energetic Moccio said ahead of the Friday release of Beauty Behind the Madness.

"You've got a guy who sings these edgy lyrics and you got a guy who composes classical music and loves pop songwriting, and you put them in the room together, and the result is something really special.

"You wouldn't necessarily think that. I come from the classical world and he comes from



We're just a modern-day (Burt) Bacharach and Hal David. We need each other.

Stephan Moccio, who co-wrote three songs on The Weeknd's new album, far left.



the dark hip-hop world. "But we've become collaborators and friends for life."

Moccio first met Abel Tesfaye, a.k.a. The Weeknd, when the majestically coiffed singer walked into his Los Angeles studio last October.

"We connected very fast — like brothers," Moccio said.

"The marriage is in a lot of ways a really perfect one on a creative level," Moccio said. "We both know it. His team knows it."

"We're already thinking of the next album." THE CANADIAN PRESS

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Every rose has its thorn

Singer-songwriter Beatrice Martin of Coeur de Pirate says to really understand hurt, you have to find happiness.

DARREN CALABRESE/THE CANADIAN PRESS

QUEBEC MUSIC

Coeur de Pirate sings of heartbreak in latest album

You don't need to be bilingual to listen to Coeur de Pirate's new album, *Roses*, and conclude that Beatrice Martin's pirate heart has been broken.

The wounds aren't particularly recent, however. With her first album in nearly four years, the Montreal-based songstress explores a years-ago breakup (reportedly from Jay Malinowski of Bedouin Soundclash) with the eagle-eyed view of someone now in a much happier place: married and raising a baby girl.

"Everything that came out was mainly emotions about wanting to move forward and wanting to have a positive outlook on life, even though the songs are still pretty sad," Martin said during an interview in Toronto this week.

"I think to understand what being hurt feels like, you need to find true happiness.... And that same goes to actually be happy — you have to go through something really horrible.

"It's kind of what I went through and today because I'm happy, I can write those songs because I understand what went on."

Speaking of understanding, meanwhile, more listeners than ever will be able to parse Martin's emotion-sick ruminations, since for the first time the 25-year-old has divided her album between English and French — with the scales actually teetering in favour of her non-native tongue.

Writing so much in English was both a practical challenge — "I got it proofread," she conceded with a sheepish smile — and a practical decision, given that Martin's robust fan base in Quebec and France hasn't yet translated to a sizable English following.

She's now signed to Cherrytree/Interscope in the U.S., and she isn't shy about her ambition to seize a larger audience. "I want to reach out to everybody," she said.

It helps that the brittle piano balladry upon which she established her career — yielding two platinum records, two Juno Award nominations and four Felix Awards — has blossomed into ornately orchestrated pop.

The songs here are so stormy and cinematic that they seem almost predestined to soundtrack the fall TV season's most softly lit heartbreak montages.

In fact, all that sweep and swell renders *Roses* perhaps Martin's least downcast set — though Martin says motherhood had a hand in that, too.

"It changes everything," she said. THE CANADIAN PRESS

Lenny Kravitz still strutting

INTERVIEW

Rock star talks new video, doing it all

Lisa Weidenfeld
For Metro

Lenny Kravitz is one of those musicians who could be coasting by now.

He's had huge hits, appeared in The Hunger Games and performed in the Super Bowl with the famous Left Shark (oh, and Katy Perry and Missy Elliot). But he's just as hard working as ever, with 2014's *Strut* earning high praise from Rolling Stone, and a current tour (that included a date in Sweden and a wardrobe malfunction that took the Internet by storm).

The resulting album has a gritty old-fashioned feel to it, which has led to some moody, black and white music videos that almost look like art films.

"That's what I gravitate towards, really. The music I think calls for that," says Kravitz. He says he likes black and white because "it can be so much more dynamic and realistic."

He found people to collaborate with who were already doing the type of work he was

imagining for the videos, but says the result is always a pleasant surprise.

"You still never know what you're going to get until it's done. Videos have always been that way. You hire the person you want, and everything's perfect until you get it and it's not what you thought. Sometimes it is. But these last videos, I was very happy with."

The album also marks his first release under his own record label, Roxy Records.

"It gave me an opportunity to exercise a lot of the things I've learned. And also to follow my desires: This is how the money's spent, this is what we're going to do, etc."

But just because he's running things now doesn't mean he's changing what he does too



Lenny Kravitz is still touring in support of his 2014 album *Strut*. GETTY IMAGES

SUPERBOWL

'You definitely don't want to screw up'

Kravitz played for one of the biggest audiences in the world earlier this year when he played the Super Bowl half time show with Katy Perry, which he called "surreal."

"I've done my own concerts in front of a million people. I did a concert years ago in Rio for a million people. (At the Super Bowl) there are less people in front of you, but you realize it's going out to millions of people across the world. So you definitely don't want to screw up."

He also had high praise for the headliner, saying Perry "hadn't eaten for, like, two weeks. She's very disciplined, working day and night. So it was a good release afterwards."

much. He played many of the instruments on *Strut*, just as he's always done.

"It's just the way I started. I didn't do it on purpose. I couldn't afford to pay people when I made my first record, so I played all the instruments myself. Then it became sort of my thing, my sound." The album has been enough of a success that Kravitz is still touring in support of it a year later, but he says he doesn't let that kind of thing go to his head too much.

"Anytime someone says something nice, it's a nice thing. Whether or not I get recognition, I stand by my work. I express myself honestly and authentically, so therefore it's successful."

That honest expression is important when he considers what to write about next.

Asked if he's interested in any particular subject, he answers, "Whatever comes. You know, it's your heart speaking, your soul, your subconscious. It's all of that. So whatever has to come out, comes out."

And wherever that type of thinking takes him, he's happy. "I'm always wanting to do something I'm not doing, because that's just the way I am."

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I couldn't afford to pay people when I made my first record, so I played all the instruments myself. Then it became sort of my thing, my sound.

Lenny Kravitz

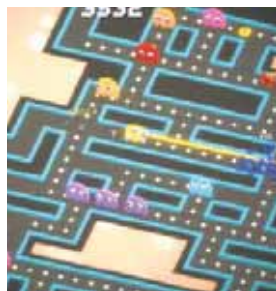
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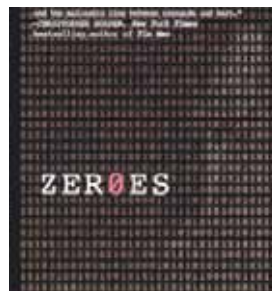


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5 BEST BEAUTY TRENDS FOR THE NEW SEASON

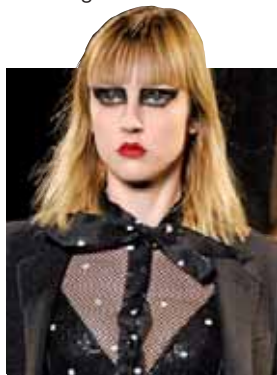
Fall is an excellent excuse to shake-up your beauty routine. From earth tones, cat eyes and strong puckers to gothic romance, here are the best makeup looks to keep you on-trend this season. **AFP**



© LEON NEAL/AFP

1 Autumn colours

It may sound obvious, but earthy shades are the perfect way to usher in fall. Soft eggplant hues were on show at the Burberry Prorsum AW15 show, keeping the look dreamy and romantic. Chanel has named its new makeup collection Les Automnales and based it on the natural colours of the season, with muted tones illuminated by shimmering touches of gold, bronze or copper, evocative of the plays of light cast by rays of sunlight on tree branches.



© MIGUEL MEDINA/AFP

2 Tomcat eyes

The cat eye isn't going anywhere soon, but it has been revamped. Black liner was smudged and grungy at Diane von Furstenberg, straight and masculine at Fendi and exaggeratedly square at Saint Laurent, so feel free to get creative.



© GIORGIO ARMANI PRIVÉ

3 Bold lips

A bold pout in an offbeat color is the style trick that will see you through the winter. Giorgio Armani Privé's "Shocking" haute couture show in Paris focused on punkish and unapologetic pink in the house's new Ecstasy Lacquer lipstick (\$38) in Maharajah, which launches this September, while burgundy was the color du jour on the Roksanda AW15 catwalk. Other options include the new limited edition Pure Color Envy Matte Sculpting Lipstick by Kendall Jenner for Estée Lauder, which comes in a vibrant matte red-orange hue.



© BEN STANSALL/AFP

5 Gothic vibes

The shorter days and colder weather are enough of an excuse for us to indulge in a more gothic look, and we'd only be following the fashionable example set at Giles, where smoky eye sockets, pale bases and strong black lipstick set the tone for the season. Take inspiration from Vivienne Westwood, whose AW15 show saw models sporting elaborate smudged eyes, or Alexander Wang, who sent models down the runway wearing the new NARS Aigle Noir Velvet Shadow (\$28).

4 Twenties hair

Release your inner flapper girl, for this is the season of Twenties hair. From the cinematic kiss-curls on show at Givenchy to the razor-sharp bobbed hairpieces at Chanel couture, the playful and theatrical nature of the Jazz Age crept into the AW15 shows. If you don't want to go all the way, then consider channeling the look with the help of a crimper or curling iron, a side-swept fringe and some bobby pins.

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WHIMSY

Catwalk dancing

Cara's sense of fun has always made her stand out in the fashion crowd. Who else would you expect to see dancing down the catwalk alongside Joan Smalls for Stella McCartney's Autumn/Winter 2014 show?



ALL PHOTOS AFP/GETTY

CAMPAIGNS

Kate Moss colabs

From Burberry to Mango, the Mossy x Delevingne duo is one of our favourite fashion pairings in recent years. The two U.K. icons are both known for their quirky style, their strong personalities and their ability to break the mould. Plus, they both look amazing in trench coats.



MET GALA

Jumpsuits

Delevingne's refreshing sense of style means she isn't afraid to rock a daring jumpsuit on the red carpet, often teaming it with a bold beauty choice such as elaborate body tattoos, which she wore to the 2015 MET Gala.



More than meets the eyebrows

Is fashion's favourite wild child calling it quits? Cara Delevingne opened up in Time about the industry's flaws and focusing on her acting career, but she's stopped short of announcing a definitive retirement from the catwalk. We're holding out hope, because — apart from her eyebrows — look at what fashion would lose if she left. **AFP**



TOP SHOP

High Street glamour

She has walked the runway for some of the biggest fashion houses and was a muse of Karl Lagerfeld, but what we love most about Cara is her ability to bring her unique streak of cool to high street collections. Our favourite recent example is the Topshop Spring/Summer 2015 campaign, where she was spotted looking fierce in a white jumpsuit and silver heels.



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© 2015 Mercedes-Benz Canada Inc. 2015 GLK 250 BlueTEC 4MATIC Avantgarde with optional Sport package and optional wheels/2015 ML 350 BlueTEC 4MATIC with optional Bi-Xenon headlamp package shown above for a total price of \$53,335/\$66,335. Total price of advertised 2015 GLK 250 BlueTEC 4MATIC/2015 ML 350 BlueTEC 4MATIC is \$51,735/\$65,335, which includes an MSRP of \$48,600/\$62,200, plus freight/PDI of \$2,495, dealer admin fee of \$495, air-conditioning levy of \$100, EHF tires of \$12.80, AMVIC Fee of \$6.25 and PPSA of \$25.80. Lease and finance offers based on the advertised vehicle are available only through Mercedes-Benz Financial Services on approved credit for a limited time. **Lease example based on a 45/39 month term, a lease APR of 2.9%/3.9%, and an MSRP of \$48,600/\$62,200. Monthly payment is \$468/\$698 with down payment or equivalent trade of \$9,825/\$8,625 plus security deposit of \$500/\$700 and applicable taxes due at lease inception. Total obligation is \$31,362/\$36,524. 18,000/18,000 km/year allowance (\$0.20/\$0.30/km for excess kilometres applies). †Finance example based on a 60/60 month term, a finance rate of 0.9%/1.9% and an MSRP of \$48,600/\$62,200. Monthly payment is \$729/\$953 with down payment or equivalent trade of \$7,997/\$9,337 due at time of sale. Cost of borrowing is \$985/\$2,673 for a total obligation of \$51,694/\$66,482. ‡Cash credit of \$1,000/\$1,500 included in advertised payment and must be applied at time of sale. Vehicle license, insurance, registration, and taxes are extra. Dealer may lease or finance for less. Offers may change without notice and cannot be combined with any other offers. Offers end August 31st, 2015.



Road therapy

SOLO TRIP

Finding inner peace driving 3,600 km across the Maritimes

Jennifer Foden
For Metro

Needing an escape from home in Toronto, I wound up in Newfoundland in mid-

April on a whim to road-trip solo to New Brunswick. I had no plan or real route in mind, relying on people I met along the way to best advise.

I didn't realize that driving more than 3,600 kilometres by myself would not only afford me the time to reflect on my life, but also provide me with the opportunity to meet dozens of strangers, who amazed me with their East Coast kindness daily. Both this time and care were almost like therapy, bringing me back home more at peace than when I left.



1 Microbrews and hiking in Newfoundland

I started my journey in St. John's, couchsurfing with a laid-back farmer I found through couchsurfing.com. He not only opened his home, but offered me up home-cooked meals, local brews and literally the coat off his back. He and his artsy pals suggested I check out local microbrewery Quidi Vidi (located in a charming fishing village just outside the city) and hike the Earth's mantle at the Tablelands in Gros Morne National Park (650 kilometres west of St. John's). I did both.

TRAVEL ON THE CHEAP

I spent roughly \$1,750 for 15 days. This included the car rental/insurance (which alone was \$1,000), gas, food, beer, entertainment, etc. It helped that I never paid for accommodation thanks to couchsurfing.

4 Going with the tides in New Brunswick

I wandered the ocean floor at Hopewell Rocks, and while it may be the iconic thing to do in New Brunswick, it's totally worth the visit. I then headed to Saint John, 150 kilometres southwest of Moncton, where I made new friends. They welcomed me into their home with open arms, where we shared beers and stories and they recommended Saint John City Market, which is filled with local food and art.



3 Finding the beef in P.E.I.

I arrived in Prince Edward Island during Burger Love, a month-long celebration of Island beef that has restaurants across the province creating one-of-a-kind burgers. While you may not be passing through during this annual event, it needs to be said that P.E.I. (known for Anne of Green Gables and coastal drives) also has some amazing eateries. My couchsurfing host was keen to share a table with me: four burgers in two days. Favourites included Gahan House and the Prince Edward.



2 Good eats and good company in Nova Scotia

I took the ferry to Nova Scotia before messaging a friend of a friend who lived in Halifax. I had reached out to him to meet up for a drink that night — he called and insisted I crash in his spare room for as long as I wanted. We drove to Hubbards, along the north shore of St. Margarets Bay, where we sat on the beach and ate the best clam chowder of my life from Trellis Café. We also drove through Lunenburg, a port town full of vibrant architecture.



MAP: ISTOCK; PHOTOS BY JENNIFER FODEN/FOR METRO

READY TO ROLL

Checklist for thriving and surviving on a family road trip

Michael Palmer and his family didn't have to look further than their van to help them unplug from their busy schedules.

In 2013, he set off with his wife, Catharine Maxwell-Palmer, and their kids Andrew, Ryan and Jenna — now ages 11, nine and eight — on a cross-Canada adventure that took them from Calgary to the northern tip of Newfoundland and Labrador.

The author and entrepreneur documented their journey in his upcoming humorous travel book *No Tranquilizers!* 17,000 kms, 63 Days, 3 Kids, 1 Van.

Palmer has partnered with Canadian Tire to share road trip tips for families embarking on their own adventures. Here are four ways to get ready for the ride:

1. Don't overplan

Palmer said the family had a lot of fun and saw many beautiful places, but admitted they "probably packed in too many destinations."

"Looking back, we were almost jumping around a bit too much at times. We really didn't have a chance to sit there and

smell the roses."

He said it's important to involve everyone in the decision-making to help foster a greater connection and excitement.

2. Don't overpack

Palmer said they only wore about half of what they brought.

"It's good to have some things in place. Some extra clothing, some rain jackets ... because you're going to go through a

lot of the elements, fog and rain and what have you. But you've got to be reasonable about it."

3. Keep kids occupied — but limit screen time

"When you're in a vehicle for five or six hours a day, things can get a bit snaky in the back seat with the kids. They can be bored, they can be tired, they can be hungry," said Palmer.

He said they like to pack an "entertainment bag" for each child, which they can tailor with

their favourite car games, puzzles or books. They also enjoyed outside viewing activities like the alphabet game, in which participants try to locate items starting with the letter "A" and so on.

"We're trying to engage them with the outside world so they aren't just plugged into screens all the time," said Palmer, noting that screen time was limited to 45 minutes daily.

4. Prepare for the unexpected

As they travelled through Cape Breton, N.S., Palmer said his daughter had the flu and wound

up vomiting in the back seat.

He recommended having sanitizing wipes at the ready, as well as an emergency roadside kit.

Palmer said they'd drive five to six hours a day, stopping for breaks every 2 1/2 hours. As the trip wore on, even the break habit evolved — especially when nature called.

"In the beginning, we tried to stick to clean bathrooms and gas stations.... Then near the end ... we'd just pull over to the side of the road and the kids would use the washroom with cars whizzing by." THE CANADIAN PRESS

TIME SAVER
A GPS can help ensure travellers don't veer too far off course or schedule.

TRAVEL NOTES ECO-TOURS, ANCIENT TEMPLES AND CHEAP DIGS
Latin adventure

Signature vacations just launched Off the Beaten Path, a program that lets you add full- or half-day tours to your all-inclusive vacation, booking before you travel. Locations so far include Costa Rica, Panama, and La Ceiba and Roatán in Honduras. Go on sight-seeing tours, canoe trips, discovery hikes, adventure sports and more. Visit SignatureVacations.com.



Hot springs at Rincón de la Vieja Volcano National Park, Costa Rica. CONTRIBUTED

Bucket list: Angkor

At Angkor in northern Cambodia, once the largest pre-industrial city in the world circa 800 AD, more than 1,000 Hindu and Buddhist shrines rise up from the jungle near Siem Reap. Angkor Wat is the centrepiece complex, with 10th-century temple Banteay Srei considered one of the crown jewels. A three-day visit will barely scratch the surface. Go to TourismCambodia.com.



Temples of Angkor, Cambodia. KATHRYN LIPTRITT

Unbundling trend

With enterprises like Airbnb getting more and more action, budget hotel chains are taking a hit. With a cue from the airlines, Malaysia-based Tune Hotels is giving guests the chance to pick and pay for amenities they want. You start with a bare-bones price, then opt in for things you will use (hairdryer, safe, certain toiletries, TV, etc.). Visit TuneHotels.com. DOUG WALLACE



Tune Hotel, Canary Wharf, London. CONTRIBUTED

Drinking up Milwaukee's culture

WISCONSIN

No need to collect pint glasses to enjoy this midwestern metropolis

Mike Dojc
For Metro

Miller, Pabst, Schlitz, Blatz and Shottz — the fictional brewery Laverne & Shirley worked at as bottlecappers — put Milwaukee on the map. Suds heritage certainly still informs the city's culture but these days there's much more to Wisconsin's most populous metro than beer, brats, and those rib-tickling racing sausages that ring in the seventh-inning stretch at Brewers home games.

With an action-packed riverfront, an expanding art museum with a building as impressive as the art, plus an exploding dining scene carving out a unique culinary identity you can easily spend a weekend milling around Milwaukee without feeling compelled to cosy up to a tap and declare it Miller Time.



Clockwise from left: The Riverwalk pedestrian walkway along the Milwaukee River; the Milwaukee Art Museum at night; and the Harley-Davidson Museum. Inset: The writer with the Bronze Fonz.

RIVERWALK, MUSEUM: COURTESY VISIT MILWAUKEE; OTHER PHOTOS BY MIKE DOJC/FOR METRO

Urban paddling

The Milwaukee river rolls right through downtown, and offers a great vantage for drinking in the city's varied architectural makeup — a kaleidoscope of art deco, cream-bricked, and modern glass structures.

From a perch upon a sea kay-

ak you can scope out the revitalized urban core, and behold the skyline as it reflects in the ripples of the water. Glide by the patios along the Riverwalk and the galleries and theaters that dot the historic Third Ward.

Two-wheeled action

William S. Harley and the three Davidson brothers are responsible for making the streets of Milwaukee rumble.

Whether you ride or the closest you get to a motorcycle is watching Sons of Anarchy, there's really something for everybody amidst the myriad of chromed displays paying homage to the iconic American brand at the Harley-Davidson Museum (400 W. Canal St.).

If self-propelled wheeling is more your speed, Milwaukee is decked out with 100 miles of bike lanes that meander through

parks and hug the shores of the Lake Michigan. Bublr bike rental stations abound downtown (\$3 per 30 minutes).

Museum appreciation

The Milwaukee Art Museum is a cable-strewn schooner of museum. It's glass "prow" and steel-finned brise soleil that fans out the width of a Boeing 747 cuts an impressive jib. Thanks to a massive \$31-million renova-

tion well underway that'll add new gallery space and dial up the drabber older sections of the city's landmark on the lake, it's full steam ahead.

If you have a taste for the modern, Van Gogh to Pollack: Modern Rebels, on display through Sept. 20, explores a century of art movements from post-impressionism to abstract expressionism.

Choice chow

While cravings for Milwaukee's old-world cuisine of wiener schnitzel, spaetzle, and strudel dishes can still be satisfied at Karl Ratzsch's or Mader's, the dining scene has matured beyond beefy German comfort food. This is now a city that regularly trots out James Beard finalists.

The Walker's Point neighbourhood is filled with inventive chefs plying their culinary chops. At Braise (1101 S. 2nd St.), chef David Swanson, a three-time nominee for James Beard's Best Chef in the Midwest title, is an ardent believer in peak-season produce, so the menu is ever changing but always tantalizing. Recent dishes included kale risotto cakes and a Filipino humba.

Some travel and accommodation costs were courtesy of the Wisconsin Department of Tourism.

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Get more zzz's with some of these

Bodo has specialized mattresses, pillows, and aromatherapy to help get a good sleep

It's probably no secret that a vast majority of Canadians are sleep-deprived.

According to a World Association of Sleep Medicine report, approximately 60 per cent of Canadian adults feel tired most of the time, getting on average only 6.9 hours of sleep a night, although experts recommend eight hours. Canadian research also indicates that 30 per cent of adults get fewer than six hours a night.

That's why it's important that people have the right mattress, according to Bodo Wellness Technology manager Rob Woodhead, whose company's mission is to provide products that make people's lives better.

"Sleep is as essential as proper hydration and nutrition, and yet it's something we all could improve in our lives. A good night's sleep can be the difference that you need,

and our variety of specialized mattresses, pillows, aromatherapy, and more can help ease you to sleep at the end of each and every day."

That's why Woodhead promotes IntelliBED mattresses, which are designed to be the most pressure-relieving beds on the market, thanks to its secret weapon, IntelliGEL, which is constructed into scaffold-like columns that collapse under high pressure to relieve major pressure points, but remain vertical under low pressure areas.

"It's able to provide fantastic pressure relief, without compromising support for the more vulnerable areas of the spine, such as the lower back and neck," he says, adding a proper pillow is also essential.

Bodo has retail stores in Calgary and Edmonton, which also serve as insight



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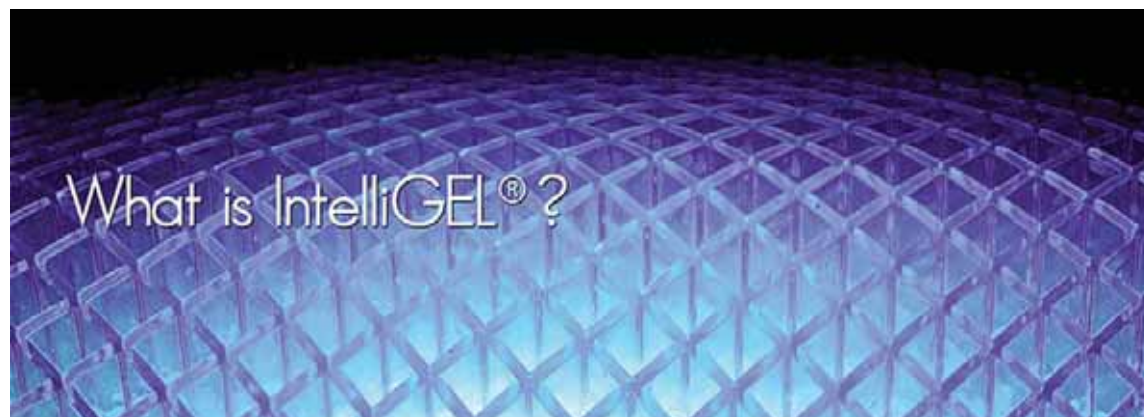
laboratories, where they gain a deep understanding from customers into what products work best and they have a wide variety of products designed to make people's lives better.

"Bodo exists to find the best wellness technology in the world and make it available in a simple, educational, affordable way.

We find the best products and bring them to our clients."

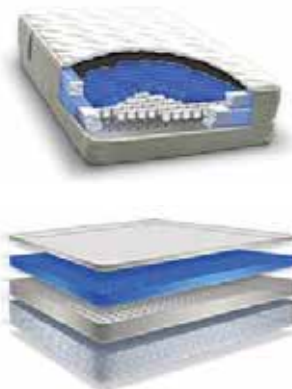
They have several key aspects of their products: fitness, vitality, heat, massage and of course, sleep.

For more information, visit bodo.ca, or take a virtual online tour of the store at: edmonton360tours.com/tours/bodo.html.



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CONTRIBUTED

BeFit focuses on total wellness

It takes more than just gym equipment to make a successful gym and that's what makes BeFit stand out from the crowd.

Being fit, healthy, and happy is more than just working out and eating right, says BeFit creator Meagan Hazlewood, who created a wellness studio designed to give people the opportunity to pursue whole-body and fitness training in a community-focused environment.

"The difference is that we believe that individuals can be inspired by each other by being part of a diverse fitness community," she says, adding that they also encourage community inclusion by offering a karma class every Sunday, with proceeds going to help low-income families to access fitness programs.

"A young mother may find it inspiring to watch a 70-year-old woman be able to work

toward getting on the floor with her grandchildren, while a 55-year-old woman trying to lose weight may find it inspiring to see how an athlete uses diet to increase performance."

The studio offers integrated wellness and transformation packages, which include training, dietitian and life-coaching services, appealing to a variety of skill and fitness levels.

"We cater to the general population with our fun classes like insanity, P90X, kickboxing and spin fusion. But we also cater to seniors, those with injury that need rehabilitation workouts, people with disabilities," she says, adding that the studio encourages family workouts by offering children and adult classes at the same time through a family membership.

For information, call 780-756-1484 or visit beyoutifulyoufit.com/transformation.

50 years for Gimbel Eye Centre

It takes world-class quality service to succeed in any business and Gimbel Eye Centre is leading the pack in their industry as they celebrate a special milestone: 50 years of dependable service.

The key to success for Gimbel Eye Centre is superior client services as they celebrate five decades of providing quality eye service to clients in Calgary and Edmonton, says manager Gregg Becker.

"Our world-class customer service and innovation propel us as leaders in the provision of safe, high-quality and cost-effective eye surgery, and our teams combine for over 500 years of experience," he says.

"Our surgeons began practising in the areas of cataract and refractive laser surgery when the field was relatively new, and are well-known world-wide as innovators in surgical practice. In fact, procedures they pioneered are now common across the industry."

With surgeons operating most days in both the Calgary and Edmonton centres, patients can usually get in for Lasik and other refractive procedures in a timely fashion.

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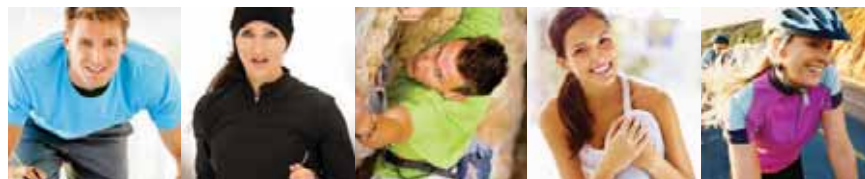
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IN HAMILTON

Als hand Ticats their first loss at Tim Hortons Field

Backup quarterback Tanner Marsh ran in for a touchdown to lead the Montreal Alouettes to a 26-23 win over the Hamilton Tiger-Cats on Thursday.

It was Hamilton's first loss at Tim Hortons Field since it opened on Labour Day last year — a streak of 10 straight.

Kyries Hebert intercepted Zach Collaros at the Montreal 30-yard line with 30 seconds left to seal the victory.

Marsh replaced starter Rakeem Cato midway through the second quarter after Cato was injured on a sack by Eric Norwood. Cato had completed four of seven pass attempts for 115 yards and one touchdown to that point. Marsh finished nine of 15 passing for 81 yards and one interception.

Montreal (4-5) spoiled the party at Tim Hortons Field on a night where the sell-out crowd of 24,212 celebrated the career of legendary Tiger-Cats defensive lineman Angelo Mosca, who had his No. 68 retired.

THE CANADIAN PRESS



Kent Austin and the Ticats lost their first ever game at Tim Hortons Field on Thursday. THE CANADIAN PRESS

SEC duo catch on quick

CFL

With Argos in town, Walker, Franklin set to get starts

Derel Walker and James Franklin's instant chemistry has propelled them into starting roles with the Edmonton Eskimos.

Franklin will be the quarterback for Edmonton on Friday against the Toronto Argonauts after impressing Eskimos coaching staff enough in his relief roles through the first eight games. Walker will be one of his favourite targets after being so effective the past few weeks.

The CFL rookies, fresh out of the NCAA's Southeastern Conference, connected over their college roots in the pre-season.

"It's the SEC, he's Texas A&M and I'm University of Missouri," Franklin said when asked where the rapport between the two came from. "I don't know, I just like throwing to him. He's a good receiver. He can get a jump ball, back shoulder, down field, ground ball, he can catch all of them. And he can get open."

"It's nothing we do extra," he added. "It's not like we meet extra or go over things extra. It's just one of those things."

It's at least partly because the two, both 24-year-olds have been playing so much pitch and catch while waiting to get playing time.

"We took a lot of reps with each other, starting from the mini-camp in Vero Beach," said Walker. "He was throwing me



James Franklin, who won the Cotton Bowl with the University of Missouri in 2013, will hope his college success translates against the Argos on Friday. JASON FRANSON/THE CANADIAN PRESS

the ball then, we have a good connection, something that develops over time and reps. I guess he trusts me."

Walker, a six-foot-two, 185-pound wide receiver out of Texas A&M, didn't get on the roster until two games ago but head coach Chris Jones had to keep him in the lineup for last week's game.

He got on the roster when No. 1 receiver Adarius Bowman was injured. In two games he has 24 catches for 308 yards, most of those coming on passes from Franklin after he came on in relief of Matt Nichols. Franklin has completed 42 of 67 passes, a 62.7 per cent completion rate, for 533 yards, five touchdowns and just one interception.

Franklin didn't play quarter-



Texas A&M alumnus Derel Walker has 24 catches for 308 yards with the Eskimos. JASON FRANSON/THE CANADIAN PRESS

back until his junior year in high school, largely because he was too big. School rules had weight limits and in Grade 5 Franklin weighed 185 pounds "so I had to play lineman, defensive back."

But he picked up the quarterbacking skills in a hurry. As a col-

lege sophomore in 2011, Franklin was MVP of the Independence Bowl after leading Missouri to a 41-24 win over North Carolina, accounting for 274 total yards of offence and three touchdowns.

He had surgery on his throwing shoulder in 2012, missing

WEEK 10 PICK



Argonauts at Eskimos, Saturday, 7 p.m.

Toronto (6-2) heads west on a short week — it beat Ottawa 30-24 at home Sunday — and should expect to face an ornery Edmonton (5-3) squad coming off a lopsided 49-20 home loss to Hamilton. The Argos beat the Eskimos 26-11 at Fort McMurray in the season opener for both teams. Rookie James Franklin starts at quarterback for the home team despite suffering a lung contusion versus the Ticats.

Pick — Edmonton

half that season, but as a senior in 2013 he led Missouri to victory in the Cotton Bowl.

So being the starting quarterback is nothing new, although it's now in the pro ranks.

"It's a different mindset ... coming off the bench versus starting," he said. "I have to be smarter, can't always throw deep and things like that. Have to be able to keep the offence on the field, get first downs and move the ball. That's real important and the biggest things is focusing on being a starter and having that mindset."

THE CANADIAN PRESS

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Delino DeShields of the Rangers slides home safely on Thursday in Arlington, Texas. SARAH CRABILL/GETTY IMAGES

Blue Jays' bats kept at bay

MLB

Gallardo leads Rangers to win, avoiding sweep

Yovani Gallardo earned his 100th career victory. Delino DeShields kept running all the way home and the Texas Rangers ended Toronto's five-game winning streak.

After losing the first two games of the series, and their hold on the American League's second wild card, the Rangers avoided a sweep with the 4-1

victory Thursday.

DeShields had a part in every run even without an RBI, including his single that rolled under the glove of charging right-fielder Jose Bautista with two runners on in the seventh.

The ball wound up near the warning track and DeShields circled the bases on the error for a 4-0 lead.

"That's an exciting play. I was just happy to find a hole and give us a chance to get up, get some cushion," DeShields said. "It was fun running around the bases."

Gallardo (11-9) threw 5-1/3 scoreless innings, giving up

THURSDAY In Texas

4	1
RANGERS	BLUE JAYS

three hits while striking out two and walking three on 101 pitches.

Gallardo became the fourth native of Mexico to win 100 games, joining Fernando Valenzuela (173), Esteban Loaiza (126) and Ismael Valdez (104).

"It just shows a lot of hard work, throughout the years, and it's definitely exciting,"

said Gallardo, the right-hander who improved to 100-73 in 241 career games with Milwaukee (2007-14) and Texas.

Shawn Tolleson worked the ninth for his 26th save in 28 chances. He had converted 12 straight before Tuesday night's series opener, when he gave up two runs in the ninth inning of a 6-5 loss. Edwin Encarnacion stretched his hitting streak to 22 games, the longest in the majors this season, with an RBI double in the Toronto eighth. He hit a scorching liner that got past DeShields in right-centre as Bautista scored from first.

THE ASSOCIATED PRESS

IN BRIEF

Sinclair injury might not be as bad as expected

The prognosis on Canadian captain and legend Christine Sinclair, who had to be helped off the field last weekend in a NWSL game, may be better than initial reports suggested.

Sinclair's left leg was hurt in a collision with Sky Blue goalkeeper Brittany Cameron in the Portland Thorns' 1-0 loss in New Jersey on Saturday.

"Fingers crossed," Thorns coach Paul Riley said earlier this week, according to the Oregonian newspaper.



Christine Sinclair
GETTY IMAGES

Sinclair watched the Thorns' practice Wednesday with ice on her ankle.

While Sinclair was slated to undergo an MRI this week, a Thorns spokeswoman said Thursday there was no update available. But Canadian national team coach John Herdman said his understanding was the injury is not that serious.

The Canadian team medical staff is scheduled to be in Portland this weekend.

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IN BRIEF

Legendary dunker Dawkins dies at age 58

Darryl Dawkins, whose backboard-shattering dunks earned him the moniker "Chocolate Thunder" and helped pave the way for breakaway rims, has died. He was 58.

The Lehigh County, Penn. coroner's office said Dawkins died Thursday morning in hospital. Dawkins' family said a heart attack was the cause of death. "Darryl touched the hearts and spirits of so many with his big smile and ferocious dunks," a family statement said. THE ASSOCIATED PRESS

Spieth sputters to open FedEx Cup playoffs

The start of the FedEx Cup playoffs brought out the worst score from Jordan Spieth in three months.

In his first tournament as No. 1 in the world, Spieth had a pair of three-putt bogeys, hit a tee shot in the water, shot 40 on his back nine and wound up with a 4-over 74 in the opening round of The Barclays.

Bubba Watson and Tony Finau led at the Plainfield Country Club in New Jersey and each had a 5-under 65 along with Spencer Levin and Camilo Villegas.

THE ASSOCIATED PRESS

WORLD CHAMPIONSHIPS

Bolt wins 200M gold leading into Segway snafu

Only when the running stopped and the picture-taking began did Usain Bolt finally meet his match.

Bolt blew past Justin Gatlin and everyone else Thursday night in the 200 metres to win his 10th career gold medal at the world championships in Beijing.

What finally upended the six-foot-five Jamaican was a multitasking cameraman rid-

ing a two-wheeled scooter while videotaping Bolt's victory lap. The scooter ran over the outcropping of a metal railing bolted to the edge of the track and bobbed off course — then slammed into the back of the fastest two legs on the planet.

Bolt's legs came out from under him and he went down hard and landed on his backside. Then, smooth as silk, he

5

Number of golds Bolt has earned at the Bird's Nest, including three from the 2008 Beijing Olympics.

somersaulted backward onto his feet, jogged a few steps, and

reached down to make sure his left leg was OK.

He was no worse for wear — reporting just a few scrapes — but figured he'd try to make the evening at least a little more interesting.

"The rumour I'm trying to start right now is that Justin Gatlin paid him off," Bolt said, while sitting next to Gatlin in the medallists' news conference.

Gatlin's response: "I want my money back. He didn't complete the job."

The split-second scare with the scooter provided what Bolt's season-best 19.55 seconds on the track did not.

Namely, drama.

Running out of Lane 6, Bolt coasted in and still beat Gatlin by .19 seconds.

THE ASSOCIATED PRESS



Usain Bolt THE ASSOCIATED PRESS

RECIPE Shrimp, Mango and Soba Noodle Salad



EAT LIGHT AT HOME

Rose Reisman
rosereisman.com

@rosereisman

Ready in

Prep time: 15 minutes
Cook time: 8 minutes
Serves 4.

Ingredients

- 4 oz soba noodles
- 1 cup sliced sweet onions
- 1 1/2 cups sliced red bell pepper
- 1 1/2 cup sliced mango strips
- 12 oz shelled, defrosted deveined large shrimp
- 1 Tbsp Sriracha
- 2 tsp minced ginger
- 2 Tbsp chopped cilantro
- 3 Tbsp toasted chopped cashews

Dressing

- 3 Tbsp sweet red chili sauce
- 2 Tbsp low sodium soy sauce
- 1 Tbsp vegetable oil
- 2 tsp sesame oil
- 2 tsp lemon juice

Directions

1. Cook soba noodles just until tender, about eight minutes. Drain and rinse with cold water. Add to a large bowl along with onions, bell peppers and mango.
2. Meanwhile, in a large skillet sprayed with vegetable oil, add shrimp, Sriracha and ginger. Sauté for five minutes or until just cooked. Let cool.
3. Dressing: Combine all ingredients and pour over noodles and vegetables. Mix well, place on serving platter, top with shrimp, cilantro and cashews.

Nutrition per serving

- Calories 340
- Protein 24 g
- Carbohydrates 40 g
- Fibre 2 g
- Total fat 2 g
- Saturated fat 2 g
- Cholesterol 130 mg
- Sodium 850 mg

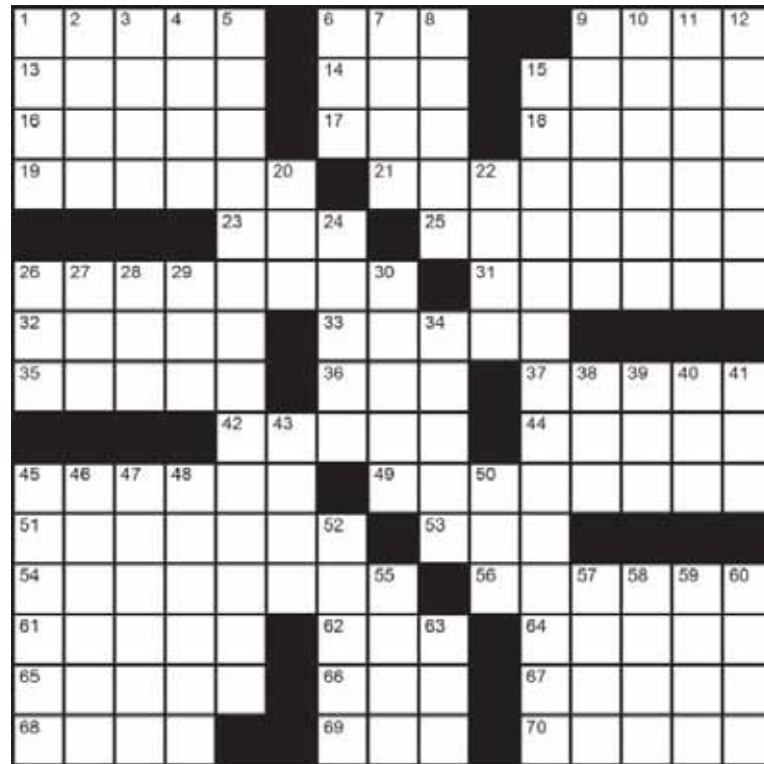
PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Surname of "The Flintstones" co-creator
6. Contribute
9. Light fog
13. Classic theatre
14. Riddle-me-__
15. Hertz __ Car
16. Involved in the activity
17. Mr. Watanabe of movies
18. Canadian doctor, the 'Father of Modern Medicine', William __ (b.1849 - d.1919)
19. Snoozing
21. Business presentation graphic: 2 wds.
23. Sanction
25. Patrick of "The Red Green Show"
26. John __ (Head Coach of the Calgary Stampeders)
31. More visibly embarrassed
32. Kettle part
33. Trim again
35. Procol __ (British band)
36. "Norma __" (1979)
37. Liquid dish soap scent
42. Baker's supply
44. Sports venue
45. Overly basks in one's triumph
49. French Protestant who believed in the doctrines of theologian John Calvin (b.1509 - d.1564)
51. Military craft locale: 2 wds.
53. Earth's lamp



54. Domineer
56. Nape
61. "Street __" (1987 to 1994 Canadian series)
62. Curtains holder
64. French artist Mr. Matisse
65. Gnow geo-logically

66. Psychedelic drug
67. __ a high note
68. Unit of force
69. Nevertheless
70. Inn's booked spots

DOWN

1. Daytime TV host

- Ms. Kotb
2. Hubbubs
3. "Song Sung Blue" singer Mr. Diamond
4. Zero
5. Film about New Zealand writer Janet Frame, "An __ __" (1990)

6. Sacred chest
7. Way down in the ground
8. Jeans fabric
9. Interlocked
10. From the shore
11. Laurence __, 18th-century author of Tristram Shandy
12. Sauce served

- with seafood
15. Bruce Cockburn song with this projectile weapon in the title: 2 wds.
20. Nail down
22. Almond shade
24. Hamilton songstress Ms. Lightfoot
26. Prince Albert of Monaco's title letters
27. Work __ sweat
28. 'F' in FWIW
29. __-chah-nulth (People of the Pacific Coast of Vancouver Island)
30. Dog walker's need
34. The Whale constellation
38. Another time, long ago
39. Sign on a restroom door
40. "Thou, too, sail __, Ship of State!" - Longfellow
41. __ Geo (Nature mag, fun-style)
43. Feminine suffix
45. Jailed, in Britain
46. Chauffeur's uniform
47. Beaver State
48. Grate
50. Director Mr. Van Sant
52. Too soon
55. Kennedy matriarch
57. City in Nevada
58. Reverse
59. Gift tag word
60. 1950s cars features
63. Banned insecticide

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You may be tempted to mess with something that, while not working perfectly, is still going okay. Resist the urge, making changes today could do more harm than good.

Taurus April 21 - May 21
You don't usually have doubts but you may hesitate today. The good news is that your indecision will in a strange way work in your favour.

Gemini May 22 - June 21
Don't be fooled by someone who wants you to believe that your paths have crossed purely by chance. Be friendly but don't be taken in by any offers they might make, almost certainly they are designed to make them rich and you poor.

Cancer June 22 - July 23
Some of the people you meet today will be touchy for no reason. Don't get caught up in their petty disputes, because you have issues of your own that need dealing with.

Leo July 24 - Aug. 23
You may be tempted to give up on something but the planets warn it is likely you are not seeing things straight. The tide will turn in your favour soon. Don't take any drastic decisions today.

Virgo Aug. 24 - Sept. 23
You are strongly advised to resist taking risks where the odds are stacked against you. You don't have to be negative but you do have to be sensible.

Libra Sept. 24 - Oct. 23
Because you feel vulnerable you may be inclined to think there is a hidden catch to what you are now being offered. You could not, in fact, be more wrong, so go for it or you could miss out on something good.

Scorpio Oct. 24 - Nov. 22
Friends may beg you to get involved in something they promise will be a lot of fun but your sixth sense tells you there is more to it than that, and your sixth sense is rarely wrong. Do only what you feel comfortable with.

Sagittarius Nov. 23 - Dec. 21
Success is coming but you will have to wait a few more weeks. The longer you have to wait the bigger the rewards you will receive. Be patient.

Capricorn Dec. 22 - Jan. 20
You are advised not to act on what you hear today, no matter how tempting. The information you get, even if it comes from a trusted source, is not reliable, so hold back and wait to see how things develop.

Aquarius Jan. 21 - Feb. 19
You could get fixated on something that in the greater scheme of things is of only minor importance. Strive to keep things in perspective today.

Pisces Feb. 20 - March 20
You may prefer to give people the benefit of the doubt but you should be wary of someone you think you can trust. Yes, maybe you are being suspicious for no good reason, but better safe than sorry.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		4	5	2	3			
			1			8		
3		9					1	
2	9				8			1
	8						4	
4	6	3						7
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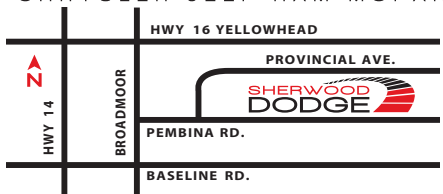
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